



KentuckyOne Health[®]
Flaget Memorial Hospital

Flaget Memorial Hospital

presents



5k Run/Walk

Historic Bardstown, KY

June 10, 2017

8:00 a.m. EST

*All proceeds to benefit the
Nelson County Community Clinic.*

DIRECTIONS TO THE RACE
Spalding Hall, 114 N. Fifth Street
Bardstown, KY 40004

St. Catharine College
Lower Level of Spalding Hall
Free Parking

St. Joseph Church lot next to Spalding Hall

From Louisville

Interstate-65 south to Exit 112. Turn left on HWY 245 for 15 miles. Turn right on 3rd St. (US 31-E). At the round about take the 1st street - W. Stephen Foster Ave (US-31E) for 2 blocks then turn right on N. 5th Street. Spalding Hall is on the left.

From Lexington

West on Bluegrass Parkway to Exit 25. Right off the exit ramp onto HWY150 for 3 miles. Turn right onto N. 5th Street. Spalding Hall is on the left.

From Nashville

Interstate 65 North to Exit 93 (Bardstown-Lexington exit). Follow the Bluegrass Parkway to Exit 21 Bardstown. Left off the exit ramp onto US 31-E for 2 miles. Merge right onto W. Stephen Foster Ave. to the first light. Turn left on N. 5th Street. Spalding Hall is on the left.

ENJOY HISTORIC BARDSTOWN:

- Quaint Downtown Shops & Diners
- My Old Kentucky Home Tour & Dinner Train
- Farmers Market
- Old Talbott Tavern & Bardstown Opry
- Basilica of St. Joseph Proto-Cathedral
- Bourbon Tours & Oscar Getz Bourbon Museum
- Whiskey City Cruisers & KY Railway Museum
- Wickland Home & Bardstown Ghost Trek
- Horse & Buggy Tour of Downtown Attractions
- Stephen Foster Outdoor Amphitheater Drama

www.visitbardstown.com

Nelson County Community Clinic Run for the Health of It
Saturday, June 10, 2017, 8:00 a.m.
make checks payable to: Nelson County Community Clinic or MCCC

Send release, check and entry form to:
Run for the Health of It c/o River City Races
2752 Montana Ave.
Louisville, KY 40208

Race#
Payment method - for official use only

please print:

Name _____

Address _____

City _____ State _____ Zip _____ Age: _____

Phone _____ Email _____

Date of Birth _____ Gender: (circle one) Male Female Shirt Size: (circle one) S M L XL Donation Amount _____

In consideration of the acceptance of my entry for the Nelson County Community Clinic Run for the Health of It, for myself, my heirs, executors and administrators, waive and release all claims against Nelson County Community Clinics and all contractors, promoters, supporters and volunteers, for all claims of damage, injuries, demands, actions in any manner as a result of my participation in the Nelson County Community Clinic Run for the Health of It.

Signature (Signature of parent if under 18 years of age)

Date

ENTRY FEES

Early registration (non-refundable)

\$20 - Online through June 7, 2017, mail-in must be postmarked June 1, 2017.

Late registration (non-refundable)

\$25 - In person late registration available Friday, June 9, 2017 from 4:00 p.m. until 6:00 p.m. EST at packet pickup or day of race from 7:00 a.m. until 7:45 a.m. EST at St. Catherine College's Spalding Hall.

(see front of registration form for directions)

Family of 4 registration (non-refundable)

\$65 - registration forms should be mailed together. Online registration not available for family registration.

Donations to Nelson County Community Clinic are welcomed and appreciated. See blank on registration form.

RACE SHIRTS

FREE t-shirt guaranteed to the first 500 entrants. Pre-registered runners may pick up t-shirts at early packet pickup. Day of race entrants will be on a first come, first serve basis.

PACKET PICKUP

Early packet pickup Friday, June 9th from 4:00 p.m. until 6:00 p.m. EST at St.

Catherine College's Spalding Hall, 310 Xavier Dr. *(see front of form for directions)*

Race day begins at 7:00 a.m. until 7:45 a.m. EST.

NELSON COUNTY COMMUNITY CLINIC

NCCC is a non-profit health clinic that serves the working uninsured and low income residents in Nelson County by providing basic medical, basic dental, pharmacy services, vision services, denture assistance, limited specialist services, benefits counseling, Medicare enrollment services and KPAP (Kentucky Prescription Assistance Program) at no cost to eligible patients.

The clinic is funded through grants, private contributions, and fundraisers.

NCCC is staffed by community volunteers including, physicians, dentists, pharmacists, nurse practitioners, nurses, hygienists and allied health professionals. The clinic is guided by a volunteering board of directors, including Dr. Mark Abramovich, Medical Director, Dr. Mike Walton, D.M.D, Dental Director, Dr. Jacob Walton, R.hP, Pharmacy Director, Maragaret Neel, Benefits Coordinator and Paula Travis, RN, Executive Director.

All proceeds to provide services for patient care at the Nelson County Community Clinic.

Each dollar you donate to NCCC provides services to patients. Please consider a donation with your registration.

AWARDS

First place male and female

Top three male and female in each age group: 9 and under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over.

RACE HIGHLIGHTS

- Chip Timing
- Door Prizes
- Free post race snacks
- Water station on route
- Digital clock on display at finish
- Race results posted in The Kentucky Standard and at www.rivercityraces.com

PRESENTING SPONSOR

Flaget Memorial Hospital

GOLD LEVEL - \$1,000+

Heaven Hill Brands

ORBIS

UPS

SILVER LEVEL - \$500+

Shrewsbury, Claywell & Olivery Dentistry Partnership

BRONZE LEVEL - \$250+

Anonymous

Ralph & Judith Buckley

Carey Heating and Air

Federal Hill Capital Management

Dick & Alice Heaton

Lincoln National Bank

Mattingly & Howell Orthodontics, PSC

Millard & Linda Sims

Town & Country Bank and Trust Co.

SUPPORTER LEVEL - \$100+

Dr. Mark Abramovich, M.D., Jay Allen Insurance Agency LLC, Barton 1792 Distillery, Daniel or Betty Hayden, Norma Jean Haydon, Hite & Pottinger, PLL, Danny & Betty Kaye Hayden, Jim & Nancy Hoerter, Kleetech, Inc., Karl & Anne Lusk, Jr., Maple Hill Accounting, LLC, Chris & Margaret Neel, Robert Simpson Properties, LLC, Sister's of Charity of Nazareth, Smith & Associates Insurance, Robert Smotherman, Jane Thompson, Walker-McCubbins Tax Service, WBRT 1320 AM, 97.1 FM & BRTV Cable Channel #19, Westview Tax Services