

Race Date
January 14, 2023

Frostbite 5k 2023
Age Graded Results

5K

Record Female: 14:44.0

Record Male: 12:51.0

Place	Name	City	Bib No	Age	Gender	Actual Time	Factor	Net Time	Percent
1	Eric Heely	Louisville KY	654	41	M	17:09.8	0.9426	16:10.7	0.7942
2	Simon Corcoran	Louisville KY	38	58	M	20:05.8	0.8236	16:33.1	0.7764
3	Quinn Dauer	Louisville KY	51	40	M	17:37.6	0.9496	16:44.3	0.7677
4	Bryan Huhnerkoch	Georgetown IN	116	63	M	21:34.8	0.7886	17:01.1	0.7551
5	Tracy Green	Louisville KY	650	38	F	20:16.8	0.9831	19:56.3	0.7389
6	Seth Snider-Hayes	Louisville KY	1148	28	M	17:41.1	1.0000	17:41.1	0.7266
7	Tim Adams	Louisville KY	639	58	M	21:32.8	0.8236	17:44.8	0.7241
8	Larry Hoover	Clarksville IN	115	63	M	23:01.8	0.7886	18:09.7	0.7075
9	Therese Sirles	Greenville IN	1439	63	F	27:10.5	0.7674	20:51.3	0.7065
10	John O'Shea	Jeffersonville IN	196	49	M	20:30.8	0.8866	18:11.2	0.7065
11	Keith Allen	Louisville KY	706	63	M	23:07.6	0.7886	18:14.2	0.7046
12	Stephanie Severance	Louisville KY	1139	24	F	20:59.4	1.0000	20:59.4	0.7019
13	Marc Hindorff	Prospect KY	1305	48	M	20:45.4	0.8936	18:32.9	0.6927
14	Adam Dockstader	Prospect KY	673	16	M	18:58.0	0.9802	18:35.4	0.6912
15	Maureen Farley	Pewee Valley KY	75	61	F	27:25.7	0.7869	21:35.0	0.6826
16	Trevor Timmerberg	Louisville KY	686	33	M	18:59.7	0.9937	18:52.5	0.6808
17	Mike Blackwell	Louisville KY	17	56	M	22:37.1	0.8376	18:56.7	0.6782
18	Stephanie Barnes	Louisville KY	1466	49	F	24:12.6	0.9034	21:52.2	0.6736
19	Eric Layman	Louisville KY	142	39	M	19:56.9	0.9566	19:04.9	0.6734
20	Evelyn Roach	Louisville KY	680	9	F	26:29.3	0.8308	22:00.4	0.6695
21	Nix Searcy		107	33	F	22:05.0	0.9977	22:01.9	0.6687
22	Stacie Grossfeld	Prospect KY	674	59	F	27:19.6	0.8063	22:02.0	0.6686
23	Julio Driggs	Louisville KY	62	40	M	20:16.1	0.9496	19:14.8	0.6676
24	Patti Wooldridge	Louisville KY	1186	63	F	28:45.8	0.7674	22:04.3	0.6675
25	Joey Black	Louisville KY	16	23	M	19:26.7	1.0000	19:26.7	0.6608
26	Jonah Roach	Louisville KY	700	12	M	21:36.5	0.9002	19:27.1	0.6606
27	Christopher Nielsen	Jeffersonville IN	183	55	M	23:05.6	0.8446	19:30.3	0.6588
28	Dennis Branson	Louisville KY	22	62	M	24:34.6	0.7956	19:33.2	0.6572
29	Mitchell Greenfield	Goshen KY	93	40	M	20:36.1	0.9496	19:33.8	0.6568
30	Eric Martin	Louisville KY	160	51	M	22:29.6	0.8726	19:37.6	0.6547
31	Deborah Flout	Louisville KY	713	54	F	26:38.1	0.8548	22:46.1	0.6471
32	Sara Cunning	Louisville KY	672	46	F	24:33.3	0.9314	22:52.3	0.6442
33	Randy Garrett	Louisville KY	81	68	M	26:32.7	0.7533	19:59.8	0.6426
34	Dominic Sellers	Charlestown IN	1138	16	M	20:26.8	0.9802	20:02.5	0.6411
35	Brian Nichols	Crittenden KY	696	52	M	23:10.0	0.8656	20:03.2	0.6408
36	John Reesor	Louisville KY	491	72	M	27:55.4	0.7182	20:03.2	0.6407
37	Alayna Roach	Louisville KY	699	14	M	21:10.5	0.9482	20:04.7	0.6400
38	Emma Love	Lagrange KY	151	10	F	27:05.8	0.8545	23:09.2	0.6363
39	Reed Fendley	La Grange KY	76	47	M	22:27.5	0.9006	20:13.5	0.6353
40	Noah Vasilakes	Louisville KY	1167	33	M	20:21.3	0.9937	20:13.6	0.6353
41	Kelley Frederick	Louisville KY	450	50	F	25:57.9	0.8937	23:12.3	0.6349
42	John Craig	Cynthiana KY	691	17	M	20:26.2	0.9922	20:16.7	0.6337
43	Jill Best	Louisville KY	11	45	F	24:44.7	0.9398	23:15.3	0.6335
44	Katie Roach	Louisville KY	681	40	F	23:54.5	0.9734	23:16.3	0.6331
45	Suzanne Dodson	Louisville KY	61	58	F	28:33.4	0.8160	23:18.1	0.6322
46	Maxwell Murray	Corydon IN	181	29	M	20:20.9	1.0000	20:20.9	0.6315
47	Taylor Wooten	Clarksville IN	1187	22	F	23:20.1	1.0000	23:20.1	0.6314
48	Lee Tichenor	Louisville KY	1159	29	M	20:30.2	1.0000	20:30.2	0.6267
49	Norman Flout	Louisville KY	712	58	M	24:58.0	0.8236	20:33.7	0.6249
50	Avery Powell	Louisville KY	663	15	M	21:17.8	0.9662	20:34.6	0.6245
51	Caroline Fortin	Louisville KY	78	58	F	28:56.1	0.8160	23:36.7	0.6240
52	Jeremy Paden	Jeffersonville IN	199	44	M	22:21.4	0.9216	20:36.2	0.6236
53	Mike Campbell	Sellersburg IN	30	50	M	23:26.4	0.8796	20:37.1	0.6232

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Place	Name	City	Bib No	Age	Gen	Actual Time	Factor	Net Time	Percent
54	Colin Schmidt	Louisville KY	701	7	M	29:28.7	0.7102	20:56.1	0.6138
55	James Johnson	Louisville KY	124	15	M	21:44.3	0.9662	21:00.3	0.6118
56	Richard Goranflo	Prospect KY	86	75	M	30:38.6	0.6856	21:00.5	0.6116
57	Andrew Williams	Jeffersonville IN	1183	41	M	22:23.7	0.9426	21:06.5	0.6087
58	Michael Brown	Louisville KY	24	50	M	24:04.2	0.8796	21:10.3	0.6069
59	Felix Gravatte	Louisville KY	88	8	M	28:00.8	0.7562	21:11.0	0.6066
60	Gayle Wiegel	Louisville KY	685	66	F	33:13.5	0.7383	24:31.8	0.6006
61	Allison Cuyjet	Louisville KY	47	43	F	25:52.3	0.9549	24:42.3	0.5964
62	Emily Nolan	Louisville KY	186	56	F	29:36.7	0.8354	24:44.3	0.5956
63	Jessica Miller	Louisville KY	175	38	F	25:11.1	0.9831	24:45.6	0.5950
64	Marisa Crenshaw	Louisville KY	41	43	F	25:58.4	0.9549	24:48.1	0.5940
65	Jason Powell	New Salisbury IN	1396	52	M	25:01.6	0.8656	21:39.7	0.5932
66	Sean Travelstead	Louisville KY	1162	54	M	25:30.5	0.8516	21:43.3	0.5915
67	Laura Warren	Lexington KY	1171	56	F	29:49.3	0.8354	24:54.8	0.5914
68	Mark Smith	Louisville KY	1146	54	M	25:31.4	0.8516	21:44.1	0.5912
69	Scott Radcliff	Louisville KY	485	32	M	21:50.6	0.9969	21:46.6	0.5901
70	Austin Buchanan	Louisville KY	645	33	M	21:55.6	0.9937	21:47.3	0.5897
71	George Eklund	Louisville KY	70	36	M	22:19.2	0.9776	21:49.2	0.5889
72	Vickie Sliter	Louisville KY	710	60	F	31:26.4	0.7966	25:02.7	0.5883
73	David Keely	Louisville KY	128	56	M	26:08.6	0.8376	21:53.8	0.5868
74	Imad Makdah	Louisville KY	156	61	M	27:17.6	0.8026	21:54.3	0.5866
75	Mary Jones	Scottsburg IN	709	67	F	34:28.6	0.7286	25:07.2	0.5865
76	David Treves	Louisville KY	1163	56	M	26:11.0	0.8376	21:55.9	0.5859
77	Tim Seaman	Louisville KY	1135	63	M	27:49.2	0.7886	21:56.3	0.5857
78	Luis R. Ramirez	Goshen KY	488	58	M	26:42.4	0.8236	21:59.7	0.5842
79	Kaitlin Buchanan	Louisville KY	646	32	F	25:23.0	0.9990	25:21.5	0.5810
80	David Dawson	Louisville KY	57	64	M	28:18.0	0.7816	22:07.1	0.5809
81	Wayne Blunk	Crestwood KY	19	45	M	24:12.9	0.9146	22:08.8	0.5802
82	Adeline Oakley	New Albany IN	189	14	F	27:12.4	0.9353	25:26.8	0.5790
83	Matthew Ruben	Louisville KY	1121	52	M	25:42.6	0.8656	22:15.3	0.5774
84	Chris Livers	Sellersburg IN	149	50	M	25:19.9	0.8796	22:16.9	0.5767
85	Kenny Bird	Louisville KY	3	43	M	24:01.3	0.9286	22:18.3	0.5761
86	Molly Miller	Louisville KY	176	54	F	29:59.7	0.8548	25:38.3	0.5746
87	Valerie Pryor	Prospect KY	481	47	F	27:48.0	0.9225	25:38.7	0.5745
88	Thomas Johnson	Louisville KY	126	38	M	23:14.6	0.9636	22:23.9	0.5737
89	Reece O'Shea	Jeffersonville IN	197	15	M	23:10.9	0.9662	22:23.9	0.5737
90	Thomas Tatum	Louisville KY	1156	44	M	24:18.8	0.9216	22:24.4	0.5735
91	Nicholas Asher	Louisville KY	733	34	M	22:45.0	0.9894	22:30.5	0.5709
92	Danielle Timmerberg	Louisville KY	1160	31	F	25:50.8	0.9998	25:50.5	0.5701
93	Ben King	Louisville KY	130	70	M	30:38.3	0.7369	22:34.6	0.5691
94	Amelia Dauer	Louisville KY	50	65	F	34:38.6	0.7480	25:54.8	0.5685
95	Caeden O'Shea	Jeffersonville IN	195	9	M	28:24.2	0.7982	22:40.3	0.5668
96	Henry Schmidt	Louisville KY	1126	5	M	37:30.1	0.6062	22:44.0	0.5652
97	Eleanor Lynch	Louisville KY	154	7	F	33:33.8	0.7792	26:09.1	0.5634
98	Devin Rairdon	Louisville KY	486	37	M	23:36.2	0.9706	22:54.6	0.5609
99	Kiva Auten	Louisville KY	740	33	F	26:26.7	0.9977	26:23.1	0.5584
100	Austyn Gaffney	Louisville KY	79	32	F	26:26.6	0.9990	26:25.0	0.5577
101	Madison Smith	New Albany IN	1145	16	F	27:17.9	0.9680	26:25.5	0.5575
102	Marvin Huber	Louisville KY	655	36	M	23:41.8	0.9776	23:09.9	0.5547
103	Christina Simms	Shelbyville KY	1140	40	F	27:18.0	0.9734	26:34.4	0.5544
104	Alex Creamer	Franklin IN	40	25	M	23:16.0	1.0000	23:16.0	0.5523
105	James Paden	Jeffersonville IN	198	14	M	24:37.1	0.9482	23:20.6	0.5505
106	Suzie Newberry	Louisville KY	182	61	F	34:01.0	0.7869	26:46.1	0.5504

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Place	Name	City	Bib No	Age	Gender	Actual Time	Factor	Net Time	Percent
107	Harrison Oakley	New Albany IN	190	11	M	26:52.0	0.8702	23:22.8	0.5496
108	Arthur Cajigal	Fort Knox KY	28	53	M	27:14.3	0.8586	23:23.2	0.5494
109	Nicholas Hemming	Louisville KY	110	31	M	23:26.6	0.9989	23:25.0	0.5487
110	Gregg Delong	Cicero IN	636	61	M	29:13.3	0.8026	23:27.2	0.5479
111	Corey Queen	Crestwood KY	484	50	M	26:43.7	0.8796	23:30.6	0.5465
112	Glenn Richardson	Louisville KY	493	46	M	26:03.1	0.9076	23:38.7	0.5434
113	Samuel Strange	Loogootee IN	1153	73	M	33:26.8	0.7079	23:40.6	0.5427
114	Rodney Brewer	Sellersburg IN	692	43	M	25:35.1	0.9286	23:45.5	0.5409
115	William Roberts	Louisville KY	500	35	M	24:21.7	0.9841	23:58.4	0.5360
116	Lucas Jones	Louisville KY	657	31	M	24:01.2	0.9989	23:59.6	0.5356
117	Ted Farrell	Louisville KY	697	58	M	29:16.3	0.8236	24:06.5	0.5330
118	Michael Lindley	Charlestown IN	148	52	M	27:51.4	0.8656	24:06.8	0.5329
119	Mike Rice	Mount Washington	492	44	M	26:12.0	0.9216	24:08.8	0.5322
120	Caleb Kiefer	Mt Washington KY	708	12	M	27:00.7	0.9002	24:18.9	0.5285
121	Sheena Blanton	Memphis IN	18	38	F	28:29.9	0.9831	28:01.0	0.5259
122	Karen Winn	Lexington KY	1185	67	F	38:27.2	0.7286	28:01.0	0.5259
123	Felicia Fletcher	Georgetown IN	77	42	F	29:21.5	0.9616	28:13.9	0.5219
124	Brynn Powell	Louisville KY	664	13	F	30:50.7	0.9172	28:17.5	0.5208
125	Bruce Pavard	Simpsonville KY	1371	58	M	29:59.6	0.8236	24:42.1	0.5202
126	Levi Paden	Jeffersonville IN	200	16	M	25:13.1	0.9802	24:43.1	0.5198
127	Gary Powell	Louisville KY	1386	53	M	29:08.2	0.8586	25:01.0	0.5137
128	Pauline Moore	Goshen KY	179	53	F	33:11.5	0.8645	28:41.6	0.5135
129	Mark Voss	Louisville KY	1168	66	M	32:41.2	0.7676	25:05.4	0.5121
130	Ken Drozt	Louisville KY	63	52	M	29:01.2	0.8656	25:07.2	0.5115
131	Julie Wilbur	Louisville KY	1180	49	F	31:56.5	0.9034	28:51.4	0.5106
132	Matt Oakley	New Albany IN	191	39	M	26:18.6	0.9566	25:10.1	0.5105
133	Jessica Agruso	Louisville KY	702	37	F	29:17.7	0.9871	28:55.0	0.5095
134	Caitlin Roach	Louisville KY	679	23	F	29:01.4	1.0000	29:01.4	0.5076
135	Joe Hedge	Paoli IN	653	61	M	31:50.9	0.8026	25:33.7	0.5027
136	David Powell	Louisville KY	665	57	M	30:50.4	0.8306	25:37.0	0.5016
137	Laura Grubb	Louisville KY	651	56	F	35:14.4	0.8354	29:26.4	0.5004
138	Hannah Nielsen	Jeffersonville IN	184	27	F	29:32.7	1.0000	29:32.7	0.4987
139	Michael Todd Bernard	Louisville KY	671	52	M	29:47.1	0.8656	25:46.9	0.4984
140	Bethany Chester	Louisville KY	32	40	F	30:23.6	0.9734	29:35.1	0.4980
141	Owen Gentry	Clarksville TN	83	11	M	29:53.1	0.8702	26:00.3	0.4941
142	Susan Schneider	Louisville KY	1131	67	F	41:07.3	0.7286	29:57.7	0.4917
143	Dana Boblitt	Prospect KY	20	53	F	34:46.7	0.8645	30:03.9	0.4900
144	Ryan Leonard	Louisville KY	146	34	M	26:34.1	0.9894	26:17.2	0.4888
145	Dan Sturdevant	Crestwood KY	683	37	M	27:06.7	0.9706	26:18.9	0.4883
146	Priya Mukundan	Prospect KY	180	56	F	36:21.3	0.8354	30:22.3	0.4851
147	Barbara Strahm Murray	Sellersburg IN	1152	52	F	34:48.0	0.8743	30:25.5	0.4842
148	Joni Wright	Louisville KY	1188	64	F	40:10.4	0.7577	30:26.4	0.4840
149	Steven Gravatte	Louisville KY	89	40	M	28:01.0	0.9496	26:36.3	0.4830
150	Sandra Payne	Louisville KY	475	59	F	37:52.3	0.8063	30:32.2	0.4825
151	Ryan E Fletcher	Georgetown IN	66	46	M	29:23.8	0.9076	26:40.8	0.4816
152	Seth Hannan	Louisville KY	104	32	M	26:58.4	0.9969	26:53.3	0.4779
153	Drezden Elliott	Louisville KY	71	11	M	30:54.5	0.8702	26:53.8	0.4778
154	Ethan McDaniel	Elizabethtown KY	164	9	M	33:42.7	0.7982	26:54.5	0.4775
155	Mark Daffron	Louisville KY	49	45	M	29:35.9	0.9146	27:04.2	0.4747
156	Brian Hampton	Crestwood KY	103	44	M	29:22.6	0.9216	27:04.4	0.4746
157	Dan Thompson	Jeffersonville IN	1157	56	M	32:25.7	0.8376	27:09.7	0.4731
158	Steve Sturdevant	Louisville KY	1154	72	M	37:56.8	0.7182	27:15.2	0.4715
159	Kelli Kight	Sellersburg IN	129	34	F	31:23.9	0.9959	31:16.2	0.4712

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160	Allecia Hull	Louisville KY	117	30	F	31:19.1	1.0000	31:19.1	0.4704
161	Zach Wasson	Louisville KY	669	32	M	27:29.2	0.9969	27:24.1	0.4689
162	Tom Shepherd	Evansville IN	666	66	M	35:43.9	0.7676	27:25.6	0.4685
163	Amee Ramsey	Louisville KY	489	47	F	34:06.7	0.9225	31:28.1	0.4682
164	Patricia Brutscher	Louisville KY	25	58	F	38:36.5	0.8160	31:30.3	0.4676
165	Carmen Cripps	Louisville KY	42	51	F	35:38.4	0.8840	31:30.4	0.4676
166	Katherine Dupin	Louisville KY	65	40	F	32:22.2	0.9734	31:30.5	0.4676
167	Jeffrey Smith	Louisville KY	1143	52	M	31:52.2	0.8656	27:35.2	0.4658
168	Jared Holbrook	Louisville KY	114	34	M	27:54.1	0.9894	27:36.3	0.4655
169	Danny Hatter	Danville KY	1304	63	M	35:00.9	0.7886	27:36.8	0.4654
170	Carrie Rice		707	38	F	32:18.7	0.9831	31:45.9	0.4638
171	Tony Young	Louisville KY	633	50	M	31:34.2	0.8796	27:46.2	0.4627
172	Jason Kratzwald	New Albany IN	135	43	M	30:02.0	0.9286	27:53.3	0.4608
173	Myles Clark	Radcliff KY	694	24	M	28:03.7	1.0000	28:03.7	0.4579
174	Marie Ruf	Louisville KY	1122	70	F	46:02.4	0.6995	32:12.3	0.4575
175	Jacob Skees	Louisville KY	1141	38	M	29:14.7	0.9636	28:10.8	0.4560
176	Susane Schneider	Louisville KY	1132	66	F	44:00.1	0.7383	32:29.2	0.4535
177	Gary Young	Louisville KY	632	72	M	39:27.9	0.7182	28:20.6	0.4534
178	Andrew Potts	Louisville KY	479	26	M	28:20.9	1.0000	28:20.9	0.4533
179	Lincoln Gillman	Louisville KY	85	5	M	47:05.0	0.6062	28:32.5	0.4502
180	Neil Baine	Louisville KY	743	44	M	30:58.6	0.9216	28:32.9	0.4501
181	Kat Adams	Louisville KY	638	30	F	32:53.2	1.0000	32:53.2	0.4480
182	Kristen Calo	Elizabethtown KY	29	39	F	33:36.8	0.9785	32:53.5	0.4479
183	Bethann Widener	Louisville KY	1178	37	F	33:19.5	0.9871	32:53.8	0.4479
184	Anne Laun	Shepherdsvlle KY	140	69	F	46:25.8	0.7092	32:55.7	0.4474
185	Carol Jones	Louisville KY	656	51	F	37:17.7	0.8840	32:58.1	0.4469
186	John Dienno	Louisville KY	60	52	M	33:18.0	0.8656	28:49.4	0.4458
187	Sandy Usher	Louisville KY	1165	75	F	50:49.0	0.6509	33:04.6	0.4454
188	Kathleen Schmidt	Shepherdsvlle KY	1127	64	F	44:02.7	0.7577	33:22.4	0.4415
189	Angie Hatter	Danville KY	1291	60	F	42:05.7	0.7966	33:31.9	0.4394
190	Lorna Hahn	Louisville KY	99	65	F	45:03.1	0.7480	33:41.9	0.4372
191	Lauren Maxey	Louisville KY	162	44	F	35:39.3	0.9476	33:47.2	0.4361
192	Shannon Eichenberger	Louisville KY	68	50	F	37:51.6	0.8937	33:50.2	0.4354
193	Donald Westfall	Shelbyville KY	1174	62	M	37:09.2	0.7956	29:33.6	0.4347
194	Jeffrey Elliott	Louisville KY	72	39	M	30:55.2	0.9566	29:34.7	0.4344
195	Jean Puckett	Louisville KY	482	73	F	50:36.2	0.6703	33:55.2	0.4344
196	Jamie-Lee Pennesi	Louisville KY	477	32	F	33:57.8	0.9990	33:55.8	0.4342
197	Donna Helm	Mount Sherman	109	54	F	39:42.8	0.8548	33:56.8	0.4340
198	Tori Lankford	Sellersburg IN	659	5	F	47:01.9	0.7220	33:57.4	0.4339
199	Krista Johnson	Louisville KY	125	45	F	36:09.4	0.9398	33:58.8	0.4336
200	Chris Lane	Sellersburg IN	704	50	M	33:46.2	0.8796	29:42.3	0.4326
201	Angela Jackson	New Albany IN	119	51	F	38:33.2	0.8840	34:04.8	0.4323
202	Laura Schenck	New Albany IN	1125	54	F	40:11.8	0.8548	34:21.6	0.4288
203	Savannah Smith	Bardstown KY	695	18	F	34:30.9	0.9960	34:22.6	0.4286
204	Sharon Tuttle	Louisville KY	1164	67	F	47:17.3	0.7286	34:27.2	0.4276
205	Colby Middleton	Louisville KY	173	50	M	34:14.6	0.8796	30:07.2	0.4266
206	Kristy Gentry	Clarksville TN	82	45	F	36:46.0	0.9398	34:33.2	0.4264
207	Madison Pullman	Louisville KY	483	32	F	34:55.2	0.9990	34:53.1	0.4223
208	Joe Smith, Jr	Louisville KY	1147	48	M	34:05.7	0.8936	30:28.1	0.4217
209	Stephen Schmidt	Louisville KY	703	39	M	31:59.2	0.9566	30:35.9	0.4199
210	Wendy Lott	Crestwood KY	150	51	F	39:53.6	0.8840	35:16.0	0.4178
211	John Laun	Shepherdsvlle KY	141	72	M	42:54.6	0.7182	30:49.0	0.4170
212	Ron Carel	Louisville KY	689	66	M	40:09.9	0.7676	30:49.8	0.4168

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Age Graded Results

Race Date
January 14, 2023

5K

Record Female: 14:44.0

Record Male: 12:51.0

Place	Name	City	Bib No	Age	Gen	Actual Time	Factor	Net Time	Percent
213	Ericka O'Connell	Louisville KY	192	43	F	37:10.7	0.9549	35:30.1	0.4150
214	Sandy Widener	Louisville KY	1179	64	F	47:08.9	0.7577	35:43.5	0.4124
215	Gabe Cripps	Louisville KY	43	13	M	33:40.3	0.9262	31:11.2	0.4120
216	Jennifer Love	Lagrange KY	152	40	F	36:44.7	0.9734	35:46.1	0.4119
217	Delta Johnson	Louisville KY	123	8	F	44:27.5	0.8057	35:49.2	0.4113
218	Chad Lego	Vine Grove KY	144	44	M	34:05.9	0.9216	31:25.5	0.4089
219	John Rakutt	Louisville KY	487	58	M	38:13.0	0.8236	31:28.5	0.4083
220	Jace Ganshirt	Louisville KY	80	33	M	31:41.2	0.9937	31:29.2	0.4081
221	Morgan McDaniel	Elizabethtown KY	165	42	M	33:43.1	0.9356	31:32.8	0.4073
222	Paul Nolan	New Albany IN	188	40	M	33:14.5	0.9496	31:34.0	0.4071
223	Wendy Broughton	Marengo IN	23	35	F	36:35.9	0.9935	36:21.6	0.4052
224	Eva Cadavid	Louisville KY	27	54	F	42:33.7	0.8548	36:22.9	0.4050
225	Samantha Davis	Louisville KY	54	35	F	36:38.8	0.9935	36:24.5	0.4047
226	Kristy Schmidt	Taylorsville KY	1129	48	F	40:01.9	0.9131	36:33.2	0.4031
227	Shea Wheeler	Louisville KY	670	26	F	36:40.2	1.0000	36:40.2	0.4018
228	Crystal Christy	Louisville KY	34	43	F	38:33.8	0.9549	36:49.5	0.4001
229	Carol Crase	Clarksville IN	39	61	F	47:01.5	0.7869	37:00.2	0.3981
230	Kirstin Schmidt	Louisville KY	1128	37	F	37:30.8	0.9871	37:01.7	0.3979
231	Douglas Hammack	New Albany IN	102	51	M	37:10.5	0.8726	32:26.4	0.3961
232	Jeanette Cummins	Louisville KY	44	42	F	38:42.0	0.9616	37:12.9	0.3959
233	Cyle Miller	Marengo IN	174	49	M	36:37.1	0.8866	32:27.9	0.3958
234	Dana Traversi		714	62	F	48:27.6	0.7772	37:39.8	0.3912
235	Laura Maraldo	Louisville KY	157	46	F	40:36.2	0.9314	37:49.0	0.3896
236	Scott Davis	Louisville KY	55	37	M	34:07.4	0.9706	33:07.2	0.3880
237	Tom Zmudosky	Elizabethtown KY	634	34	M	33:46.5	0.9894	33:25.0	0.3845
238	Ethan Lane	Sellersburg IN	705	17	M	33:41.1	0.9922	33:25.3	0.3845
239	Melanie Thompson	Jeffersonville IN	1158	44	F	40:28.7	0.9476	38:21.5	0.3841
240	Emily Brown	New Albany IN	1170	29	F	38:25.8	1.0000	38:25.8	0.3834
241	Courtney Coburn	Louisville KY	37	29	F	38:28.3	1.0000	38:28.3	0.3830
242	Alyssa Ekdall	Louisville KY	69	30	F	38:38.4	1.0000	38:38.4	0.3813
243	Jacob Russell	Louisville KY	1124	32	M	33:57.3	0.9969	33:51.0	0.3796
244	Andrea Bagshaw	Jeffersonville IN	640	39	F	39:42.4	0.9785	38:51.2	0.3792
245	Ellen Young	Louisville KY	631	36	F	39:28.2	0.9906	39:05.9	0.3768
246	Melissa Chavez	Louisville KY	635	55	F	47:07.1	0.8451	39:49.2	0.3700
247	Phillip Bagshaw	Clarksville IN	641	57	M	42:08.7	0.8306	35:00.3	0.3671
248	Cristeen Grasch	Louisville KY	87	49	F	44:28.7	0.9034	40:10.9	0.3667
249	Zach Hutchinson	Louisville KY	118	17	M	35:20.4	0.9922	35:03.8	0.3665
250	Kim Watts	Clarsville IN	1172	44	F	42:46.7	0.9476	40:32.2	0.3635
251	James Millstead	Crestwood KY	177	54	M	41:58.9	0.8516	35:45.1	0.3594
252	Lonnie McIntosh	Louisville KY	166	52	M	41:31.1	0.8656	35:56.3	0.3575
253	Taunja Bates	Louisville KY	67	50	F	46:17.6	0.8937	41:22.4	0.3561
254	Fred Bishop	Louisville KY	12	68	M	47:55.5	0.7533	36:06.1	0.3559
255	Autumn Laninga	Louisville KY	138	51	F	46:54.6	0.8840	41:28.1	0.3553
256	Cynthia Swartz	Louisville KY	1155	59	F	51:28.7	0.8063	41:30.4	0.3550
257	Ledonna Mitchell	Charlestown IN	178	70	F	59:36.4	0.6995	41:41.7	0.3534
258	Cullen Dunn	Louisville KY	64	26	M	36:32.1	1.0000	36:32.1	0.3517
259	Rajina Whitehead	Louisville KY	1176	50	F	46:53.0	0.8937	41:54.0	0.3516
260	Rocklin Shumaker	Louisville KY	667	30	M	36:40.1	0.9999	36:39.9	0.3505
261	Elizabeth Baker	Lagrange KY	1459	53	F	49:51.2	0.8645	43:05.9	0.3418
262	Alice Johnson	Louisville KY	120	38	F	44:02.3	0.9831	43:17.7	0.3403
263	Justin Martir		711	35	M	38:27.4	0.9841	37:50.7	0.3395
264	Lee Westfall	Shelbyville KY	1175	55	F	51:28.6	0.8451	43:30.2	0.3387
265	Brandy Middleton	Louisville KY	172	48	F	47:45.2	0.9131	43:36.2	0.3379

Race Date
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Frostbite 5k 2023
Age Graded Results

5K

Record Female: 14:44.0

Record Male: 12:51.0

Place	Name	City	Bib No	Age	Gen	Actual Time	Factor	Net Time	Percent
266	Kristen Hale	Louisville KY	101	45	F	46:32.1	0.9398	43:44.0	0.3369
267	Mackenzie Portwood	Louisville KY	478	26	F	43:48.7	1.0000	43:48.7	0.3363
268	Amy Graybeal	Louisville KY	649	44	F	46:16.7	0.9476	43:51.2	0.3360
269	Michael Cuyjet	Louisville KY	647	75	M	55:54.9	0.6856	38:20.1	0.3352
270	Angie Lane	New Albany IN	1313	52	F	50:23.7	0.8743	44:03.6	0.3344
271	Cortney Hartnett	Louisville KY	106	35	F	44:41.7	0.9935	44:24.3	0.3318
272	Elisa Fajardo-Henry	Louisville KY	74	17	F	45:41.3	0.9840	44:57.5	0.3277
273	Emily Laninga	Louisville KY	139	22	F	45:04.2	1.0000	45:04.2	0.3269
274	Namita Kantawala	Louisville KY	127	30	F	45:12.6	1.0000	45:12.6	0.3259
275	Norma Knabel	Louisville KY	637	39	F	46:17.4	0.9785	45:17.7	0.3253
276	Amanda Daffron	Louisville KY	48	38	F	46:08.6	0.9831	45:21.8	0.3248
277	Karen Marie Lindley	Charlestown IN	147	50	F	50:45.0	0.8937	45:21.4	0.3248
278	Tamara Tindall	Louisville KY	688	49	F	50:13.9	0.9034	45:22.8	0.3247
279	Gabrielle Beacham	Prospect KY	1491	18	F	45:41.1	0.9960	45:30.1	0.3238
280	Joshua Miller	Shepherdsvlle KY	661	36	M	40:44.0	0.9776	39:49.3	0.3227
281	Richard Schultz	Borden IN	1133	63	M	50:41.1	0.7886	39:58.2	0.3215
282	Karen Spinks	Louisville KY	1149	64	F	1:00:30.3	0.7577	45:50.6	0.3214
283	Kelly Henry	Louisville KY	111	53	F	53:16.7	0.8645	46:03.5	0.3199
284	Marcus Maraldo	Louisville KY	158	34	M	40:35.7	0.9894	40:09.9	0.3199
285	Marcia Mayers	Louisville KY	163	33	F	46:27.2	0.9977	46:20.8	0.3179
286	Ashley Lankford	Sellersburg IN	658	33	F	47:00.4	0.9977	46:53.9	0.3142
287	Jill Leonard	Louisville KY	145	61	F	59:36.6	0.7869	46:54.4	0.3141
288	Emily Beckman	Louisville KY	10	33	F	47:05.2	0.9977	46:58.7	0.3136
289	Angel Graves	Louisville KY	90	55	F	55:35.0	0.8451	46:58.4	0.3136
290	Ellen Davison	Louisville KY	56	32	F	47:08.5	0.9990	47:05.7	0.3128
291	Nicholas Cummins	Louisville KY	46	43	M	44:15.6	0.9286	41:06.0	0.3126
292	Michelle Elisburg	Floyds Knobs IN	449	52	F	54:14.0	0.8743	47:25.0	0.3107
293	Ronald Whitehead	Louisville KY	1177	49	M	46:52.3	0.8866	41:33.4	0.3092
294	Linda Dufour	Louisville KY	648	68	F	1:06:17.6	0.7189	47:39.5	0.3091
295	Bunny Nash	Louisville KY	662	68	F	1:06:25.1	0.7189	47:44.9	0.3086
296	Patty Sears	Floyds Knobs IN	1136	55	F	56:31.3	0.8451	47:46.0	0.3084
297	Rebecca Koch	Louisville KY	133	44	F	50:50.4	0.9476	48:10.6	0.3058
298	Melissa Nolan	New Albany IN	187	37	F	48:49.3	0.9871	48:11.5	0.3057
299	Deede O'Farrell	Georgetown IN	194	53	F	56:30.1	0.8645	48:50.8	0.3016
300	Angie Johnson	Louisville KY	121	44	F	51:36.4	0.9476	48:54.2	0.3013
301	Anita Bilyeu	Louisville KY	2	53	F	57:50.4	0.8645	50:00.2	0.2946
302	Doug Lane	New Albany IN	1342	52	M	50:23.5	0.8656	43:37.1	0.2946
303	Anna Loyd	Louisville KY	153	53	F	57:50.8	0.8645	50:00.5	0.2946
304	Morgan Roberts	Louisville KY	499	31	F	50:53.1	0.9998	50:52.5	0.2896
305	Amanda Williams	Shepherdsville KY	1182	32	F	50:56.2	0.9990	50:53.1	0.2895
306	Julio Hernandez	Louisville KY	112	37	M	47:36.6	0.9706	46:12.6	0.2781
307	Avery Huang	Prospect KY	675	18	F	53:14.3	0.9960	53:01.5	0.2779
308	Ellis McKinley	Louisville KY	168	8	F	1:06:47.0	0.8057	53:48.5	0.2738
309	Todd Morgan	Cleves OH	678	55	M	56:25.1	0.8446	47:39.0	0.2697
310	Amy McKinley	Louisville KY	167	57	F	1:06:51.2	0.8257	55:12.0	0.2669
311	Kayley Morgan	Cleves OH	677	17	F	56:22.3	0.9840	55:28.1	0.2656
312	Kristin Ball	Louisville KY	644	56	F	1:06:26.2	0.8354	55:30.1	0.2655
313	Roxy Scudder	Cleves OH	682	35	F	56:30.3	0.9935	56:08.2	0.2624
314	Rebekah Scott	La Grange KY	1134	34	F	56:27.4	0.9959	56:13.5	0.2620
315	Sarah Mustage	Goshen KY	690	29	F	56:27.5	1.0000	56:27.5	0.2610
316	Russell Hall	Louisville KY	652	40	M	52:09.2	0.9496	49:31.5	0.2595
317	Christina Dempsey	Danville IL	58	43	F	59:44.9	0.9549	57:03.2	0.2582
318	Jayne Seif	Louisville KY	698	44	F	1:02:02.3	0.9476	58:47.3	0.2506

Race Date
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Age Graded Results

5K

Record Female: 14:44.0

Record Male: 12:51.0

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>Actual Time</u>	<u>Factor</u>	<u>Net Time</u>	<u>Percent</u>
319	Andrea Burdick	Louisville KY	26	42	F	1:01:15.7	0.9616	58:54.6	0.2501
320	Vincent Koch	Louisville KY	134	47	M	57:59.7	0.9006	52:13.8	0.2460
321	Kate Hill	Taylorsville KY	113	40	F	1:02:03.3	0.9734	1:00:24.2	0.2439
322	Samantha Kilfoile	Henryville IN	693	35	F	1:03:28.4	0.9935	1:03:03.6	0.2336
323	Justin Masters	Louisville KY	161	42	M	58:56.0	0.9356	55:08.3	0.2330
324	Abriella Jantzen	Louisville KY	676	33	F	1:03:27.8	0.9977	1:03:19.1	0.2327
325	Chris Gillespie	Louisville KY	84	46	M	1:01:16.3	0.9076	55:36.6	0.2311
326	Amanda Schneider	Louisville KY	1130	34	F	1:04:10.5	0.9959	1:03:54.7	0.2305
327	Lindsay Lea	Louisville KY	143	30	F	1:05:02.0	1.0000	1:05:02.0	0.2265
328	Brendan Koch	Louisville KY	132	19	M	57:59.0	1.0000	57:59.0	0.2216