

Race Date
January 13, 2024

Frostbite 5k 2024

Overall Finish List

5K

Place							-----Total-----		
Overall	Name	Team	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
1	Oliver James		743	29	M	1 Open	16:12.2	16:12.2	5:14/M
2	Max Oesterling	Cool Kentucky Yetis	1443	23	M	2 Open	17:33.9	17:33.9	5:40/M
3	Seth Snider-Hayes	The Devil Wears	1597	29	M	3 Open	17:37.1	17:37.1	5:41/M
4	Avery Powell		1465	16	M	1 15-19	18:59.1	19:01.7	6:08/M
5	Jacob Dineen	Brad Berthold	377	27	M	1 25-29	19:08.0	19:09.6	6:11/M
6	Mitchell Greenfield	Speedy Road	1289	41	M	1 Master	19:17.4	19:17.4	6:13/M
7	Conner Anderson		307	15	M	2 15-19	19:22.5	19:22.9	6:15/M
8	Joey Black	Bourbon Barrel	325	24	M	1 20-24	19:24.7	19:26.4	6:16/M
9	Julio Driggs	The Devil Wears	381	41	M	1 40-44	19:31.3	19:33.9	6:19/M
10	Tavi Wallace	The Devil Wears	1676	30	F	1 Open	19:31.6	19:31.6	6:18/M
11	Simon Corcoran		357	59	M	1 Grandma	19:31.7	19:31.7	6:18/M
12	John Terry		1638	32	M	1 30-34	19:41.9	19:47.6	6:23/M
13	Reece O'Shea		1445	16	M	3 15-19	19:52.4	19:57.1	6:26/M
14	Silas Berthold	Brad Berthold	319	16	M	4 15-19	20:05.8	20:13.1	6:31/M
15	Marc Hindorff		1206	49	M	1 45-49	20:09.7	20:11.8	6:31/M
16	Trevin Bender	Cool Kentucky Yetis	316	28	M	2 25-29	20:11.3	20:13.2	6:31/M
17	Lucas Thompson		1643	20	M	2 20-24	20:11.6	20:15.1	6:32/M
18	Connor Kessinger	Cool Kentucky Yetis	1296	20	M	3 20-24	20:13.8	20:15.4	6:32/M
19	Bradley Lankford	The Swifties	1002	31	M	2 30-34	20:21.1	20:30.6	6:37/M
20	Tim Adams		1031	59	M	1 55-59	20:39.1	20:43.5	6:41/M
21	Devin Rairdon	Bourbon Barrel	1480	38	M	1 35-39	20:51.2	20:53.5	6:44/M
22	Lowery Stallings		1606	58	M	2 55-59	20:52.4	20:54.8	6:45/M
23	Jordan Swaidner		1620	33	M	3 30-34	20:58.1	21:12.5	6:50/M
24	Jillian Stolberg		1617	14	F	2 Open	20:59.1	20:59.1	6:46/M
25	Scott Owen	Bourbon Barrel	1447	39	M	2 35-39	21:08.1	21:10.5	6:50/M
26	Patrick Mickler		1345	48	M	2 45-49	21:11.8	21:16.4	6:52/M
27	Mike Blackwell		326	57	M	3 55-59	21:25.9	21:35.1	6:58/M
28	Larry Hoover		1220	64	M	1 60-64	21:37.1	21:39.8	6:59/M
29	Finn Kellum		1293	11	M	1 10-14	21:37.5	21:37.5	6:59/M
30	Sean Holley		1213	36	M	3 35-39	21:42.7	21:47.0	7:02/M
31	Andrew Williams	Ben's Eager Runners	1687	42	M	2 40-44	21:47.3	21:52.5	7:03/M
32	Martha Whittaker		1684	35	F	3 Open	21:52.3	21:52.3	7:03/M
33	Wayne Blunk		327	46	M	3 45-49	22:01.0	22:11.3	7:09/M
34	Keith Allen		1037	64	M	2 60-64	22:03.1	22:06.3	7:08/M
35	William Paine		1454	47	M	4 45-49	22:07.6	22:12.4	7:10/M
36	Karen Brady		332	43	F	1 Master	22:14.4	22:14.4	7:10/M
37	Mike Ford		560	57	M	4 55-59	22:29.8	22:33.4	7:17/M
38	John Dixon		378	34	M	4 30-34	22:31.6	22:36.2	7:18/M
39	Ben Chisman	Ben's Eager Runners	350	44	M	3 40-44	22:50.3	22:55.9	7:24/M
40	Caeden O'Shea		1444	10	M	2 10-14	22:50.8	22:54.0	7:23/M
41	Patrick Jeffreys		1255	43	M	4 40-44	22:53.6	23:00.5	7:25/M
42	Dave Wallace II	Long Distance Project	1677	42	M	5 40-44	23:04.9	23:17.0	7:31/M
43	Stephanie Falk	The Devil Wears	388	33	F	1 30-34	23:09.6	23:13.4	7:30/M
44	Nick Loberger	Bourbon Barrel	1326	23	M	4 20-24	23:10.8	23:22.4	7:32/M
45	Brad Berthold	Brad Berthold	318	45	M	5 45-49	23:11.6	23:19.7	7:32/M
46	Matt Nirmaier	Bourbon Barrel	1406	29	M	3 25-29	23:15.0	23:27.0	7:34/M
47	Mike Campbell	Ben's Eager Runners	345	51	M	1 50-54	23:19.5	23:24.7	7:33/M
48	Annabelle Walker		1048	21	F	1 20-24	23:25.7	23:46.6	7:40/M
49	Napoleon Lankford	The Swifties	1003	15	M	5 15-19	23:27.7	23:41.4	7:39/M
50	Dennis Branson		334	63	M	3 60-64	23:28.0	23:35.5	7:37/M
51	Craig Burnett		341	58	M	5 55-59	23:29.3	23:32.2	7:36/M
52	Eric Martin		1335	52	M	2 50-54	23:40.3	23:52.8	7:42/M
53	Thomas Tatum		1635	45	M	6 45-49	23:43.4	23:56.9	7:44/M
54	James Johnson		1266	16	M	6 15-19	23:46.2	29:10.6	9:25/M
55	Glenn Richardson		1519	47	M	7 45-49	23:54.6	24:17.1	7:50/M
56	Alex Creamer		360	26	M	4 25-29	24:00.0	24:13.8	7:49/M
57	Kyle Acree		1015	19	M	7 15-19	24:01.1	24:05.3	7:46/M
58	Wyatt Lee		1315	25	M	5 25-29	24:01.4	24:18.7	7:51/M
59	Casey Bernard		317	48	M	8 45-49	24:05.4	24:17.1	7:50/M
60	Steven Gravatte		1115	41	M	6 40-44	24:07.6	24:15.9	7:50/M
61	Michael Brown		337	51	M	3 50-54	24:07.6	24:10.7	7:48/M
62	Felix Gravatte		1109	9	M	1 1-9	24:07.6	24:15.8	7:50/M
63	Ashley Lankford	The Swifties	1001	34	F	2 30-34	24:15.8	24:26.4	7:53/M
64	Richard Dean		374	51	M	4 50-54	24:23.9	24:29.0	7:54/M
65	Jeff Levak	Long Distance Project	1319	48	M	9 45-49	24:26.6	24:37.9	7:57/M
66	Jason Powell		1471	53	M	5 50-54	24:49.6	24:52.4	8:01/M
67	Scott Skinner	Atlas Challengers	1580	48	M	10 45-49	24:52.7	25:00.2	8:04/M

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Place	Overall	Name	Team	Bib No	Age	Gend	AG Place	-----Total-----		Pace
								Chip Time	Gun Time	
	68	David Sedlak	Galloping Geezers	1573	66	M	1 65-69	24:56.7	25:02.9	8:05/M
	69	John Zeydel		15	62	M	4 60-64	24:56.8	25:16.1	8:09/M
	70	Courtney Murphy	Long Distance Project	1358	31	F	3 30-34	24:59.6	25:11.4	8:08/M
	71	Danyel Lowell-Clark		1327	48	F	1 45-49	25:31.2	25:35.8	8:15/M
	72	Sean Travelstead		1668	55	M	6 55-59	25:39.1	25:42.3	8:18/M
	73	Taylor Wooten		975	23	F	2 20-24	25:39.2	25:53.7	8:21/M
	74	Randy Garrett		722	69	M	2 65-69	25:43.3	25:53.6	8:21/M
	75	Marisa Crenshaw		361	44	F	1 40-44	25:44.5	25:59.7	8:23/M
	76	David Dawson		373	65	M	3 65-69	25:49.6	25:55.1	8:22/M
	77	Petra Haberzettl		1133	52	F	1 Grandma	26:05.3	26:05.3	8:25/M
	78	Ashlee Anderson		1007	44	F	2 40-44	26:08.8	26:23.4	8:31/M
	79	Nicholas Reichert		1509	41	M	7 40-44	26:09.3	26:24.5	8:31/M
	80	Paul Wathen		1679	38	M	4 35-39	26:11.8	26:25.8	8:32/M
	81	Drezden Elliott		386	12	M	3 10-14	26:16.5	26:59.8	8:43/M
	82	Jeffrey Elliott		387	40	M	8 40-44	26:17.4	26:59.4	8:42/M
	83	Melanie Thompson		974	45	F	2 45-49	26:18.1	26:28.8	8:33/M
	84	Tyler Morrison		1357	45	M	11 45-49	26:21.7	27:07.4	8:45/M
	85	Chris Breetz		1012	55	M	7 55-59	26:23.0	26:36.3	8:35/M
	86	Tony Young		1699	51	M	6 50-54	26:23.0	26:42.5	8:37/M
	87	Buddy Fluhr		496	44	M	9 40-44	26:27.5	26:31.8	8:34/M
	88	Mehgan Lazenby		1312	39	F	1 35-39	26:31.0	26:40.5	8:36/M
	89	Tracy Keller		1292	40	F	3 40-44	26:40.1	27:08.5	8:45/M
	90	Melissa Brewer		335	43	F	4 40-44	27:08.3	27:18.1	8:48/M
	91	Dimas Fonseca		555	40	M	10 40-44	27:09.9	27:32.0	8:53/M
	92	Allison Cuyjet		367	44	F	5 40-44	27:14.6	27:31.0	8:53/M
	93	Christina Simms		1575	41	F	6 40-44	27:18.2	27:40.6	8:56/M
	94	Andrew Ramser	Pink Panthers	1488	41	M	11 40-44	27:19.3	27:34.5	8:54/M
	95	Gina Anderson		308	53	F	1 50-54	27:32.0	27:33.2	8:53/M
	96	Lutz Haberzettl		1130	54	M	7 50-54	27:35.8	27:44.1	8:57/M
	97	Jennifer Acree		1006	50	F	2 50-54	27:36.1	27:52.8	9:00/M
	98	Luis R. Ramirez		1482	59	M	8 55-59	27:37.3	27:47.6	8:58/M
	99	Imad Makdah	Atlas Challengers	1330	62	M	5 60-64	27:39.9	27:48.4	8:58/M
	100	Christopher Jamison	Long Distance Project	1245	42	M	12 40-44	27:40.8	27:51.6	8:59/M
	101	Scott Gunter		1127	39	M	5 35-39	27:45.4	28:05.3	9:04/M
	102	Terry McCurry	Long Distance Project	1341	54	M	8 50-54	27:45.5	27:57.0	9:01/M
	103	Michael Lindley		1322	53	M	9 50-54	27:53.9	28:40.1	9:15/M
	104	Maureen Farley		389	62	F	1 60-64	27:53.9	28:00.5	9:02/M
	105	Bridget Coady		354	49	F	3 45-49	27:54.3	28:18.6	9:08/M
	106	Danielle Timmerberg		1646	32	F	4 30-34	27:57.8	28:41.1	9:15/M
	107	Ben King	Galloping Geezers	1299	71	M	1 70-74	27:58.9	28:04.9	9:04/M
	108	Aaron Farmer	Fast Farmers	390	12	M	4 10-14	28:03.3	28:15.9	9:07/M
	109	David Keely	Galloping Geezers	1288	57	M	9 55-59	28:03.6	28:13.0	9:06/M
	110	Bruce Paverd		1457	59	M	10 55-59	28:04.5	28:10.5	9:05/M
	111	Mallory Farmer	Fast Farmers	393	15	F	1 15-19	28:04.5	28:17.8	9:08/M
	112	Joseph Kellum		1294	49	M	12 45-49	28:05.7	28:12.9	9:06/M
	113	David Powell		1469	58	M	11 55-59	28:10.1	28:19.3	9:08/M
	114	Sidney Chumbler		351	27	F	1 25-29	28:21.0	28:36.0	9:14/M
	115	Patrick Fawcett		394	51	M	10 50-54	28:25.3	28:39.4	9:15/M
	116	Emily Nolan	Pink Panthers	1408	57	F	1 55-59	28:48.2	29:05.3	9:23/M
	117	Keith Owen		1446	56	M	12 55-59	28:48.6	29:02.7	9:22/M
	118	Dan Thompson		973	57	M	13 55-59	28:52.0	29:02.5	9:22/M
	119	Richard Goranflo	Galloping Geezers	1103	76	M	1 75-79	28:53.9	29:04.2	9:23/M
	120	Emma Breetz		981	23	F	3 20-24	29:02.0	29:14.8	9:26/M
	121	Sarah Kremer		1304	43	F	7 40-44	29:02.2	29:39.7	9:34/M
	122	Douglas Hammack		1167	52	M	11 50-54	29:15.4	29:22.2	9:28/M
	123	Gary Powell		1592	54	M	12 50-54	29:21.3	29:37.3	9:33/M
	124	Jeanette Hayes		1192	59	F	2 55-59	29:27.6	29:45.8	9:36/M
	125	Mark Daffron		369	46	M	13 45-49	29:32.8	29:52.6	9:38/M
	126	John Reesor	Galloping Geezers	1508	73	M	2 70-74	29:49.4	29:58.7	9:40/M
	127	Michael Todd Bernard		762	53	M	13 50-54	29:50.7	29:58.5	9:40/M
	128	Michael Parks		1455	78	M	2 75-79	29:50.8	30:01.6	9:41/M
	129	Ellen Young		1696	37	F	2 35-39	30:07.3	30:13.6	9:45/M
	130	Idalee Lynch		1328	9	F	1 1-9	30:14.8	30:27.3	9:49/M
	131	Suzanne Dodson	Pink Panthers	379	59	F	3 55-59	30:20.5	30:37.9	9:53/M
	132	Allecia Hull		1237	31	F	5 30-34	30:20.8	30:44.7	9:55/M
	133	Jason Kratzwald		1303	44	M	13 40-44	30:26.8	30:49.3	9:57/M
	134	Mark Voss		1117	67	M	4 65-69	30:27.2	30:55.1	9:58/M

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Place	Overall	Name	Team	Bib No	Age	Gend	AG Place	-----Total-----		Pace
								Chip Time	Gun Time	
135		Julie Wilbur		1686	50	F	3 50-54	30:42.1	30:56.9	9:59/M
136		Stan Henderson		1198	74	M	3 70-74	30:54.6	31:17.9	10:06/M
137		Kellii Kight	Ben's Eager Runners	1297	35	F	3 35-39	31:02.7	31:13.5	10:04/M
138		Charlie Archer		309	44	M	14 40-44	31:03.8	31:44.8	10:14/M
139		Deana Kehne		1386	54	F	4 50-54	31:08.2	31:35.4	10:11/M
140		Victoria Stark		1607	39	F	4 35-39	31:12.8	32:09.2	10:22/M
141		Lola Flinn		428	11	F	1 10-14	31:13.5	31:21.3	10:07/M
142		Kimberly Harkins		1186	40	F	8 40-44	31:13.6	31:38.3	10:12/M
143		Sarah Ferguson		396	36	F	5 35-39	31:21.1	32:14.5	10:24/M
144		Misty Morgan		1356	42	F	9 40-44	31:28.8	31:55.1	10:18/M
145		Shawn McCorkle		1340	55	F	4 55-59	31:38.1	31:44.4	10:14/M
146		Marianne Hopewell		1221	58	F	5 55-59	31:44.4	31:57.7	10:19/M
147		Aly Lee		1313	24	F	4 20-24	31:53.1	32:36.6	10:31/M
148		Tianyao Liu		1324	31	M	5 30-34	31:53.6	32:42.2	10:33/M
149		J.r. Mues		967	45	F	4 45-49	31:57.1	32:28.1	10:28/M
150		Kevin Howard		1231	47	M	14 45-49	31:57.2	32:04.5	10:21/M
151		Paul Linton		1323	56	M	14 55-59	31:59.4	32:40.1	10:32/M
152		Darci Branham		1010	45	F	5 45-49	32:04.3	32:33.5	10:30/M
153		Rebecca Birchfield		322	46	F	6 45-49	32:07.5	32:19.7	10:26/M
154		Kaita Renwick		1516	34	F	6 30-34	32:08.0	32:19.5	10:26/M
155		Vincent Koch		1302	48	M	15 45-49	32:08.8	33:10.6	10:42/M
156		Doug Lane		1307	53	M	14 50-54	32:09.4	33:00.1	10:39/M
157		Melanie Fenner		395	50	F	5 50-54	32:12.8	32:45.5	10:34/M
158		Joseph Budd		340	54	M	15 50-54	32:14.7	32:46.8	10:34/M
159		Barbara Strahm Murray	Ben's Eager Runners	1618	53	F	6 50-54	32:16.2	32:24.7	10:27/M
160		Babs Johnson	Pink Panthers	1261	57	F	6 55-59	32:18.6	32:37.3	10:31/M
161		Charles Miller		1348	50	M	16 50-54	32:27.2	33:35.0	10:50/M
162		William Flinn		494	43	M	15 40-44	32:28.9	33:28.5	10:48/M
163		Neil Baine		311	45	M	16 45-49	32:32.7	32:47.5	10:35/M
164		Rowan Tate		1629	9	M	2 1-9	32:43.5	32:47.1	10:35/M
165		Mary Jones	Atlas Challengers	1268	58	F	7 55-59	32:48.1	32:55.7	10:37/M
166		Sloane Roberts		1530	10	F	2 10-14	32:52.3	33:00.5	10:39/M
167		Denise Amos		305	68	F	1 65-69	32:52.7	33:12.0	10:43/M
168		Rhonda Mills		1351	66	F	2 65-69	32:55.1	33:17.1	10:44/M
169		Laura Brock		336	37	F	6 35-39	32:58.0	33:36.8	10:51/M
170		Jack Walker		1675	55	M	15 55-59	33:00.7	33:38.1	10:51/M
171		John Dienno		376	53	M	17 50-54	33:06.9	33:55.0	10:56/M
172		Pauline Moore		1355	54	F	7 50-54	33:14.4	33:58.7	10:58/M
173		Jennifer Reynolds		1517	51	F	8 50-54	33:17.3	33:45.9	10:54/M
174		Norma Knabel		1029	40	F	10 40-44	33:26.4	34:05.2	11:00/M
175		Drew Rudd		1541	47	M	17 45-49	33:34.4	34:29.0	11:07/M
176		Dana Boblitt		328	54	F	9 50-54	33:43.6	33:55.8	10:57/M
177		Ericka O'Connell		1418	44	F	11 40-44	33:44.1	34:06.6	11:00/M
178		Cheryl Smalley		1582	56	F	8 55-59	33:48.2	34:12.4	11:02/M
179		Sandy Hatfield		1191	68	F	3 65-69	34:01.8	34:30.6	11:08/M
180		Elisabeth Farmer	Fast Farmers	392	17	F	2 15-19	34:13.6	34:32.6	11:09/M
181		Shane Wood		1692	48	M	18 45-49	34:14.5	34:56.7	11:16/M
182		Donald Westfall		1680	63	M	6 60-64	34:27.2	34:34.7	11:09/M
183		Lisa Clunie		353	50	F	10 50-54	34:43.3	34:50.2	11:14/M
184		Stephanie Myers		759	40	F	12 40-44	34:45.2	35:39.0	11:30/M
185		Tracy Ising		1239	47	F	7 45-49	34:46.1	35:23.3	11:25/M
186		Richard Ballard		313	68	M	5 65-69	34:47.9	35:06.0	11:19/M
187		Suzie Newberry		1398	62	F	2 60-64	34:49.5	35:19.1	11:24/M
188		Sadie Cunningham		756	26	F	2 25-29	34:56.4	35:15.3	11:22/M
189		Tori Lankford	The Swifties	963	6	F	2 1-9	34:57.1	35:15.5	11:22/M
190		Erin Riebel		1522	39	F	7 35-39	34:57.5	35:54.2	11:35/M
191		Courtney Coburn		355	30	F	7 30-34	34:58.2	35:14.3	11:22/M
192		Jacob Skees		1577	39	M	6 35-39	35:02.1	35:47.5	11:33/M
193		Daniel Wright		758	32	M	6 30-34	35:05.2	35:58.9	11:36/M
194		Ashley Cissell		352	42	F	13 40-44	35:21.8	35:46.4	11:32/M
195		Amanda Riney		1527	41	F	14 40-44	35:24.1	35:46.2	11:32/M
196		Patrick Crawford		359	50	M	18 50-54	35:30.6	36:19.7	11:43/M
197		Chance Zeydel		750	23	M	5 20-24	35:39.8	36:00.5	11:37/M
198		Anne Fogle		543	49	F	8 45-49	35:40.7	36:18.9	11:43/M
199		Rebecca Bryant		338	63	F	3 60-64	35:41.4	36:19.2	11:43/M
200		Donna Habig-Sachleben		1142	53	F	11 50-54	35:47.9	36:03.3	11:38/M
201		Andrew Salois		1549	9	M	3 1-9	35:47.9	36:13.0	11:41/M

Race Date
January 13, 2024

Frostbite 5k 2024

Overall Finish List

5K

Place								-----Total-----		
Overall	Name	Team	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace	
202	Alexandria Salois		1548	34	F	8 30-34	35:49.1	36:13.9	11:41/M	
203	Alyssa Finley		399	31	F	9 30-34	36:01.8	36:17.9	11:43/M	
204	Karen O'Connell		1427	50	F	12 50-54	36:06.0	36:29.1	11:46/M	
205	Joshua Miller		1350	36	M	7 35-39	36:21.4	36:53.0	11:54/M	
206	Krista Boyer		763	39	F	8 35-39	36:52.2	37:23.5	12:00/M	
207	Lyndsey Kasnick		1287	22	F	5 20-24	36:56.7	37:12.6	12:04/M	
208	Deana Keith		1290	49	F	9 45-49	37:01.8	37:21.5	12:03/M	
209	Keith Proffet		1473	67	M	6 65-69	37:02.9	37:56.0	12:14/M	
210	Stefanie Riebel		1525	41	F	15 40-44	37:23.6	38:17.7	12:21/M	
211	Stefanie Griffith		1121	51	F	13 50-54	37:30.1	38:16.7	12:21/M	
212	Travis Griffith		1122	49	M	19 45-49	37:30.5	38:16.2	12:21/M	
213	Keagan Smith		1594	12	M	5 10-14	37:35.7	38:11.6	12:19/M	
214	Ashley Smith		1584	41	F	16 40-44	37:36.0	38:12.0	12:19/M	
215	Katherine Dupin		383	41	F	17 40-44	37:40.7	38:21.9	12:23/M	
216	Jacob Page		1450	9	M	4 1-9	37:41.1	38:05.4	12:17/M	
217	Amy Page		1448	39	F	9 35-39	37:42.0	38:06.7	12:18/M	
218	Hannah Withrow		1691	28	F	3 25-29	37:42.8	38:22.0	12:23/M	
219	Christian Kessinger		1295	51	M	19 50-54	37:48.7	38:30.8	12:25/M	
220	Jason Dailey		370	44	M	16 40-44	37:55.0	38:39.4	12:28/M	
221	Jane Bowie		331	42	F	18 40-44	38:05.7	38:49.6	12:32/M	
222	Joni Wright	Ritas Turtles	1694	65	F	4 65-69	38:08.9	38:33.4	12:26/M	
223	Natalie Davis	Ritas Turtles	372	66	F	5 65-69	38:09.6	38:35.0	12:27/M	
224	Erin Crawford		358	43	F	19 40-44	38:13.9	39:01.5	12:35/M	
225	Laura Schenck		1551	55	F	9 55-59	38:16.8	38:40.8	12:29/M	
226	Shauna Lankford	The Swifties	1004	14	F	3 10-14	38:36.2	38:53.6	12:33/M	
227	Crystal Christy		985	44	F	20 40-44	38:42.1	38:54.2	12:33/M	
228	Jared Holbrook		742	35	M	8 35-39	38:58.5	39:55.4	12:53/M	
229	Scott Davis		957	38	M	9 35-39	39:16.3	40:01.1	12:55/M	
230	Mindy Cole		356	44	F	21 40-44	39:29.1	39:51.0	12:51/M	
231	Ashley Salyers		1550	35	F	10 35-39	39:38.3	39:46.4	12:50/M	
232	Eva Cadavid		343	55	F	10 55-59	39:51.6	40:40.1	13:07/M	
233	Kym Wright		1695	44	F	22 40-44	40:00.9	40:22.2	13:01/M	
234	Dawnshae Reid		1515	28	F	4 25-29	40:26.1	40:44.2	13:08/M	
235	Rebecca Koch		1301	45	F	10 45-49	40:36.4	41:38.3	13:26/M	
236	Danielle Archer		310	49	F	11 45-49	40:38.1	41:19.8	13:20/M	
237	Bridgett Kannapel		1269	32	F	10 30-34	40:55.7	41:29.4	13:23/M	
238	Mary Critchlow		363	41	F	23 40-44	40:55.9	41:47.0	13:29/M	
239	Christi Budd		339	53	F	14 50-54	41:00.5	41:32.5	13:24/M	
240	Samantha Davis		956	36	F	11 35-39	41:03.4	41:43.2	13:27/M	
241	Cheryl Hill		1201	62	F	4 60-64	41:08.3	41:59.9	13:33/M	
242	Clarissa Miller		1349	49	F	12 45-49	41:14.7	42:22.6	13:40/M	
243	James Harris		1188	60	M	7 60-64	41:26.1	42:16.2	13:38/M	
244	Amy Lee		1314	50	F	15 50-54	41:27.3	42:16.5	13:38/M	
245	Gina Kuzuoka	Ritas Turtles	1306	64	F	5 60-64	41:49.8	42:15.4	13:38/M	
246	Patty Lehmenkuler		1317	56	F	11 55-59	41:55.8	42:17.2	13:38/M	
247	Cheryl Striegel		1619	56	F	12 55-59	41:56.4	42:17.4	13:39/M	
248	Susan Schneider		1470	68	F	6 65-69	41:57.9	42:10.3	13:36/M	
249	Kimberly Haddox		1145	55	F	13 55-59	42:09.3	43:01.5	13:53/M	
250	John Laun		1309	73	M	4 70-74	42:10.5	42:44.8	13:47/M	
251	Lisa Kincaid		1298	50	F	16 50-54	42:27.2	42:54.0	13:50/M	
252	Pauletta Stewart		1614	56	F	14 55-59	42:34.8	43:11.5	13:56/M	
253	Marie Ruf		1542	71	F	1 70-74	42:40.1	43:26.2	14:01/M	
254	Kathleen Schmidt		1552	65	F	7 65-69	42:42.9	43:16.6	13:58/M	
255	John Hanson		1181	48	M	20 45-49	42:45.0	43:29.5	14:02/M	
256	Michelle Nation		1360	37	F	12 35-39	42:55.4	43:49.9	14:08/M	
257	Phillip Bagshaw		978	58	M	16 55-59	43:04.9	43:22.1	13:59/M	
258	Tammy Neal		1361	53	F	17 50-54	43:06.7	44:06.5	14:14/M	
259	Cynthia Vincent		1674	52	F	18 50-54	43:13.7	44:16.3	14:17/M	
260	Prabakar Harikrishnan		1184	45	M	21 45-49	43:35.3	43:35.3	14:04/M	
261	Kristy Schmidt		1558	49	F	13 45-49	43:48.9	44:24.6	14:20/M	
262	Kayla Melton		1344	26	F	5 25-29	43:59.2	44:17.8	14:17/M	
263	Krista Johnson		1267	46	F	14 45-49	44:29.9	45:42.2	14:45/M	
264	Cheri Moore		1354	58	F	15 55-59	44:37.7	45:27.7	14:40/M	
265	Susane Schneider		1568	67	F	8 65-69	44:44.4	45:18.6	14:37/M	
266	Russell Hall		1162	41	M	17 40-44	44:58.6	46:01.1	14:51/M	
267	Peggy Henderson		1197	64	F	6 60-64	45:09.4	45:33.5	14:42/M	
268	Lorna Hahn		1153	66	F	9 65-69	45:21.1	45:52.5	14:48/M	

Race Date
January 13, 2024

Frostbite 5k 2024

Overall Finish List

5K

Place		Team	Bib No	Age	Gend	AG Place	-----Total-----		Pace
Overall	Name						Chip Time	Gun Time	
269	Angela Barnett		314	42	F	24 40-44	45:34.2	46:11.1	14:54/M
270	Mary Jackson	Ritas Turtles	1242	60	F	7 60-64	45:34.6	46:00.9	14:51/M
271	Jose Maldonado		1331	54	M	20 50-54	46:16.4	46:44.4	15:05/M
272	Andrea Bagshaw		977	40	F	25 40-44	46:29.9	46:48.2	15:06/M
273	Alyssa Noel		1407	24	F	6 20-24	46:32.7	46:48.9	15:06/M
274	Megan Reedy		1497	43	F	26 40-44	46:35.5	47:28.3	15:19/M
275	Krystal Wiest		1685	30	F	11 30-34	47:25.8	48:08.2	15:32/M
276	David Criscola		362	45	M	22 45-49	47:26.9	48:08.6	15:32/M
277	Howard Whitman		1683	81	M	1 80-99	48:15.2	48:34.2	15:40/M
278	Lora Haynes		1196	56	F	16 55-59	48:38.9	49:43.8	16:03/M
279	Juliana Radke		1474	16	F	3 15-19	48:45.3	49:21.2	15:55/M
280	Mary Radke		1476	56	F	17 55-59	48:45.8	49:21.0	15:55/M
281	Karen Marie Lindley		1321	51	F	19 50-54	48:49.7	49:35.7	16:00/M
282	Lisa Notier		1413	37	F	13 35-39	48:50.4	49:39.8	16:01/M
283	Phillip Hackney		1144	52	M	21 50-54	49:11.7	50:03.1	16:09/M
284	James Millstead		1352	55	M	17 55-59	49:33.2	50:03.4	16:09/M
285	Chelsey Downs		380	35	F	14 35-39	49:49.2	50:40.2	16:21/M
286	Meghan Boggs		329	35	F	15 35-39	49:50.7	50:40.7	16:21/M
287	Katrina Soils		1599	48	F	15 45-49	50:17.4	51:08.8	16:30/M
288	Tamara Tindall		1660	50	F	20 50-54	50:25.6	50:53.7	16:25/M
289	Cate Brancato		333	53	F	21 50-54	50:26.7	50:54.1	16:25/M
290	Portia Odette		1435	61	F	8 60-64	50:44.8	51:37.1	16:39/M
291	Sandra Stein		1610	65	F	10 65-69	50:45.0	51:37.4	16:39/M
292	Kim Roberts		1528	53	F	22 50-54	50:45.9	51:45.9	16:42/M
293	Joshua Toebbe		1665	38	M	10 35-39	50:51.4	51:34.0	16:38/M
294	Davis Toebbe		1664	9	M	5 1-9	50:52.9	51:35.1	16:38/M
295	Allyson Willis		1689	58	F	18 55-59	51:01.8	51:52.6	16:44/M
296	Amanda Daffron		368	39	F	16 35-39	51:12.8	51:54.2	16:45/M
297	Tia Smith		1595	39	F	17 35-39	51:30.0	52:10.5	16:50/M
298	Judy Young		1698	78	F	1 75-79	52:44.7	53:31.8	17:16/M
299	Arthur Curry	Cool Kentucky Yetis	366	61	M	8 60-64	52:51.0	53:18.0	17:12/M
300	Whitney Hawkins		994	38	F	18 35-39	53:20.9	54:08.7	17:28/M
301	Lori Rutledge		1546	33	F	12 30-34	53:21.0	54:09.3	17:28/M
302	Joanne Kiefer		998	62	F	9 60-64	53:47.9	54:44.0	17:39/M
303	Trish Ferguson		397	54	F	23 50-54	53:48.5	54:45.0	17:40/M
304	Kristen Hale		1159	46	F	16 45-49	53:58.1	54:56.6	17:43/M
305	Anne Laun		1308	70	F	2 70-74	55:00.7	55:35.5	17:56/M
306	Tiandra King		1300	40	F	27 40-44	56:05.5	57:05.8	18:25/M
307	Mike Amos		306	68	M	7 65-69	56:22.3	56:55.1	18:22/M
308	Dana Farmer	Fast Farmers	391	41	F	28 40-44	56:22.8	56:55.2	18:22/M
309	Ronald Whitehead		1682	50	M	22 50-54	57:53.1	58:48.5	18:58/M
310	Rajina Whitehead		1681	51	F	24 50-54	57:53.1	58:48.9	18:58/M
311	Harold Smith		1589	47	M	23 45-49	58:09.2	58:50.2	18:59/M
312	Vicki Marchand		1333	62	F	10 60-64	59:21.9	1:00:12.0	19:25/M
313	Karen Spinks		1604	65	F	11 65-69	59:23.2	1:00:12.8	19:25/M
314	Deanna Polsgrove		1459	45	F	17 45-49	1:01:35.3	1:02:34.3	20:11/M
315	Rose Phan	Fast Farmers	1458	26	F	6 25-29	1:05:45.8	1:06:15.2	21:22/M