

Race Date  
January 13, 2024

# Frostbite 5k 2024

## Age Group Results

5K

### Female Open Winners

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Tavi Wallace	The Devil Wears Strava	1676	30	10	19:31.6	19:31.6	6:18/M
2	Jillian Stolberg		1617	14	24	20:59.1	20:59.1	6:46/M
3	Martha Whittaker		1684	35	32	21:52.3	21:52.3	7:03/M

### Male Open Winners

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Oliver James		743	29	1	16:12.2	16:12.2	5:14/M
2	Max Oesterling	Cool Kentucky Yetis	1443	23	2	17:33.9	17:33.9	5:40/M
3	Seth Snider-Hayes	The Devil Wears Strava	1597	29	3	17:37.1	17:37.1	5:41/M

### Female Master Winners

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Karen Brady		332	43	36	22:14.4	22:14.4	7:10/M

### Male Master Winners

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Mitchell Greenfield	Speedy Road Runners	1289	41	6	19:17.4	19:17.4	6:13/M

### Female Grandmaster Winners

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Petra Haberzettl		1133	52	77	26:05.3	26:05.3	8:25/M

### Male Grandmaster Winners

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Simon Corcoran		357	59	11	19:31.7	19:31.7	6:18/M

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### Female 9 and Under

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Idalee Lynch		1328	9	130	30:14.8	30:27.3	9:49/M
2	Tori Lankford	The Swifties	963	6	189	34:57.1	35:15.5	11:22/M

### Male 9 and Under

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Felix Gravatte		1109	9	62	24:07.6	24:15.8	7:50/M
2	Rowan Tate		1629	9	164	32:43.5	32:47.1	10:35/M
3	Andrew Salois		1549	9	201	35:47.9	36:13.0	11:41/M
4	Jacob Page		1450	9	216	37:41.1	38:05.4	12:17/M
5	Davis Toebbe		1664	9	294	50:52.9	51:35.1	16:38/M

### Female 10 to 14

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Lola Flinn		428	11	141	31:13.5	31:21.3	10:07/M
2	Sloane Roberts		1530	10	166	32:52.3	33:00.5	10:39/M
3	Shauna Lankford	The Swifties	1004	14	226	38:36.2	38:53.6	12:33/M

### Male 10 to 14

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Finn Kellum		1293	11	29	21:37.5	21:37.5	6:59/M
2	Caeden O'Shea		1444	10	40	22:50.8	22:54.0	7:23/M
3	Drezden Elliott		386	12	81	26:16.5	26:59.8	8:43/M
4	Aaron Farmer	Fast Farmers	390	12	108	28:03.3	28:15.9	9:07/M
5	Keagan Smith		1594	12	213	37:35.7	38:11.6	12:19/M

### Female 15 to 19

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Mallory Farmer	Fast Farmers	393	15	111	28:04.5	28:17.8	9:08/M
2	Elisabeth Farmer	Fast Farmers	392	17	180	34:13.6	34:32.6	11:09/M
3	Juliana Radke		1474	16	279	48:45.3	49:21.2	15:55/M

### Male 15 to 19

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Avery Powell		1465	16	4	18:59.1	19:01.7	6:08/M
2	Conner Anderson		307	15	7	19:22.5	19:22.9	6:15/M
3	Reece O'Shea		1445	16	13	19:52.4	19:57.1	6:26/M
4	Silas Berthold	Brad Berthold Painting	319	16	14	20:05.8	20:13.1	6:31/M
5	Napoleon Lankford	The Swifties	1003	15	49	23:27.7	23:41.4	7:39/M
6	James Johnson		1266	16	54	23:46.2	29:10.6	9:25/M
7	Kyle Acree		1015	19	57	24:01.1	24:05.3	7:46/M

### Female 20 to 24

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Annabelle Walker		1048	21	48	23:25.7	23:46.6	7:40/M
2	Taylor Wooten		975	23	73	25:39.2	25:53.7	8:21/M
3	Emma Breetz		981	23	120	29:02.0	29:14.8	9:26/M

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### Female 20 to 24

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
4	Aly Lee		1313	24	147	31:53.1	32:36.6	10:31/M
5	Lyndsey Kasnick		1287	22	207	36:56.7	37:12.6	12:00/M
6	Alyssa Noel		1407	24	273	46:32.7	46:48.9	15:06/M

### Male 20 to 24

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Joey Black	Bourbon Barrel Blizzards	325	24	8	19:24.7	19:26.4	6:16/M
2	Lucas Thompson		1643	20	17	20:11.6	20:15.1	6:32/M
3	Connor Kessinger	Cool Kentucky Yetis	1296	20	18	20:13.8	20:15.4	6:32/M
4	Nick Loberger	Bourbon Barrel Blizzards	1326	23	44	23:10.8	23:22.4	7:32/M
5	Chance Zeydel		750	23	197	35:39.8	36:00.5	11:37/M

### Female 25 to 29

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Sidney Chumbler		351	27	114	28:21.0	28:36.0	9:14/M
2	Sadie Cunningham		756	26	188	34:56.4	35:15.3	11:22/M
3	Hannah Withrow		1691	28	218	37:42.8	38:22.0	12:23/M
4	Dawnshae Reid		1515	28	234	40:26.1	40:44.2	13:08/M
5	Kayla Melton		1344	26	262	43:59.2	44:17.8	14:17/M
6	Rose Phan	Fast Farmers	1458	26	315	1:05:45.8	1:06:15.2	21:22/M

### Male 25 to 29

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Jacob Dineen	Brad Berthold Painting	377	27	5	19:08.0	19:09.6	6:11/M
2	Trevin Bender	Cool Kentucky Yetis	316	28	16	20:11.3	20:13.2	6:31/M
3	Matt Nirmaier	Bourbon Barrel Blizzards	1406	29	46	23:15.0	23:27.0	7:34/M
4	Alex Creamer		360	26	56	24:00.0	24:13.8	7:49/M
5	Wyatt Lee		1315	25	58	24:01.4	24:18.7	7:51/M

### Female 30 to 34

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Stephanie Falk	The Devil Wears Strava	388	33	43	23:09.6	23:13.4	7:30/M
2	Ashley Lankford	The Swifties	1001	34	63	24:15.8	24:26.4	7:53/M
3	Courtney Murphy	Long Distance Project	1358	31	70	24:59.6	25:11.4	8:08/M
4	Danielle Timmerberg		1646	32	106	27:57.8	28:41.1	9:15/M
5	Allecia Hull		1237	31	132	30:20.8	30:44.7	9:55/M
6	Kaita Renwick		1516	34	154	32:08.0	32:19.5	10:26/M
7	Courtney Coburn		355	30	191	34:58.2	35:14.3	11:22/M
8	Alexandria Salois		1548	34	202	35:49.1	36:13.9	11:41/M
9	Alyssa Finley		399	31	203	36:01.8	36:17.9	11:43/M
10	Bridgett Kannapel		1269	32	237	40:55.7	41:29.4	13:23/M
11	Krystal Wiest		1685	30	275	47:25.8	48:08.2	15:32/M
12	Lori Rutledge		1546	33	301	53:21.0	54:09.3	17:28/M

### Male 30 to 34

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	John Terry		1638	32	12	19:41.9	19:47.6	6:23/M
2	Bradley Lankford	The Swifties	1002	31	19	20:21.1	20:30.6	6:37/M
3	Jordan Swaidner		1620	33	23	20:58.1	21:12.5	6:50/M
4	John Dixon		378	34	38	22:31.6	22:36.2	7:18/M
5	Tianyao Liu		1324	31	148	31:53.6	32:42.2	10:33/M

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### Male 30 to 34

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
6	Daniel Wright		758	32	193	35:05.2	35:58.9	11:36/M

### Female 35 to 39

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Mehgan Lazenby		1312	39	88	26:31.0	26:40.5	8:36/M
2	Ellen Young		1696	37	129	30:07.3	30:13.6	9:45/M
3	Kelli Kight	Ben's Eager Runners	1297	35	137	31:02.7	31:13.5	10:04/M
4	Victoria Stark		1607	39	140	31:12.8	32:09.2	10:22/M
5	Sarah Ferguson		396	36	143	31:21.1	32:14.5	10:24/M
6	Laura Brock		336	37	169	32:58.0	33:36.8	10:51/M
7	Erin Riebel		1522	39	190	34:57.5	35:54.2	11:35/M
8	Krista Boyer		763	39	206	36:52.2	37:23.5	12:04/M
9	Amy Page		1448	39	217	37:42.0	38:06.7	12:18/M
10	Ashley Salyers		1550	35	231	39:38.3	39:46.4	12:50/M
11	Samantha Davis		956	36	240	41:03.4	41:43.2	13:27/M
12	Michelle Nation		1360	37	256	42:55.4	43:49.9	14:08/M
13	Lisa Notier		1413	37	282	48:50.4	49:39.8	16:01/M
14	Chelsey Downs		380	35	285	49:49.2	50:40.2	16:21/M
15	Meghan Boggs		329	35	286	49:50.7	50:40.7	16:21/M
16	Amanda Daffron		368	39	296	51:12.8	51:54.2	16:45/M
17	Tia Smith		1595	39	297	51:30.0	52:10.5	16:50/M
18	Whitney Hawkins		994	38	300	53:20.9	54:08.7	17:28/M

### Male 35 to 39

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Devin Rairdon	Bourbon Barrel Blizzards	1480	38	21	20:51.2	20:53.5	6:44/M
2	Scott Owen	Bourbon Barrel Blizzards	1447	39	25	21:08.1	21:10.5	6:50/M
3	Sean Holley		1213	36	30	21:42.7	21:47.0	7:02/M
4	Paul Wathen		1679	38	80	26:11.8	26:25.8	8:32/M
5	Scott Gunter		1127	39	101	27:45.4	28:05.3	9:04/M
6	Jacob Skees		1577	39	192	35:02.1	35:47.5	11:33/M
7	Joshua Miller		1350	36	205	36:21.4	36:53.0	11:54/M
8	Jared Holbrook		742	35	228	38:58.5	39:55.4	12:53/M
9	Scott Davis		957	38	229	39:16.3	40:01.1	12:55/M
10	Joshua Toebbe		1665	38	293	50:51.4	51:34.0	16:38/M

### Female 40 to 44

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Marisa Crenshaw		361	44	75	25:44.5	25:59.7	8:23/M
2	Ashlee Anderson		1007	44	78	26:08.8	26:23.4	8:31/M
3	Tracy Keller		1292	40	89	26:40.1	27:08.5	8:45/M
4	Melissa Brewer		335	43	90	27:08.3	27:18.1	8:48/M
5	Allison Cuyjet		367	44	92	27:14.6	27:31.0	8:53/M
6	Christina Simms		1575	41	93	27:18.2	27:40.6	8:56/M
7	Sarah Kremer		1304	43	121	29:02.2	29:39.7	9:34/M
8	Kimberly Harkins		1186	40	142	31:13.6	31:38.3	10:12/M
9	Misty Morgan		1356	42	144	31:28.8	31:55.1	10:18/M
10	Norma Knebel		1029	40	174	33:26.4	34:05.2	11:00/M
11	Erica O'Connell		1418	44	177	33:44.1	34:06.6	11:00/M
12	Stephanie Myers		759	40	184	34:45.2	35:39.0	11:30/M
13	Ashley Cissell		352	42	194	35:21.8	35:46.4	11:32/M
14	Amanda Riney		1527	41	195	35:24.1	35:46.2	11:32/M
15	Stefanie Riebel		1525	41	210	37:23.6	38:17.7	12:21/M
16	Ashley Smith		1584	41	214	37:36.0	38:12.0	12:19/M
17	Katherine Dupin		383	41	215	37:40.7	38:21.9	12:23/M
18	Jane Bowie		331	42	221	38:05.7	38:49.6	12:32/M
19	Erin Crawford		358	43	224	38:13.9	39:01.5	12:35/M
20	Crystal Christy		985	44	227	38:42.1	38:54.2	12:33/M
21	Mindy Cole		356	44	230	39:29.1	39:51.0	12:51/M
22	Kym Wright		1695	44	233	40:00.9	40:22.2	13:01/M
23	Mary Critchlow		363	41	238	40:55.9	41:47.0	13:29/M

Female 40 to 44

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
24	Angela Barnett		314	42	269	45:34.2	46:11.1	14:54/M
25	Andrea Bagshaw		977	40	272	46:29.9	46:48.2	15:06/M
26	Megan Reedy		1497	43	274	46:35.5	47:28.3	15:19/M
27	Tiandra King		1300	40	306	56:05.5	57:05.8	18:25/M
28	Dana Farmer	Fast Farmers	391	41	308	56:22.8	56:55.2	18:22/M

Male 40 to 44

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Julio Driggs	The Devil Wears Strava	381	41	9	19:31.3	19:33.9	6:19/M
2	Andrew Williams		1687	42	31	21:47.3	21:52.5	7:03/M
3	Ben Chisman	Ben's Eager Runners	350	44	39	22:50.3	22:55.9	7:24/M
4	Patrick Jeffreys		1255	43	41	22:53.6	23:00.5	7:25/M
5	Dave Wallace II	Long Distance Project	1677	42	42	23:04.9	23:17.0	7:31/M
6	Steven Gravatte		1115	41	60	24:07.6	24:15.9	7:50/M
7	Nicholas Reichert		1509	41	79	26:09.3	26:24.5	8:31/M
8	Jeffrey Elliott		387	40	82	26:17.4	26:59.4	8:42/M
9	Buddy Fluhr		496	44	87	26:27.5	26:31.8	8:34/M
10	Dimas Fonseca		555	40	91	27:09.9	27:32.0	8:53/M
11	Andrew Ramser	Pink Panthers	1488	41	94	27:19.3	27:34.5	8:54/M
12	Christopher Jamison	Long Distance Project	1245	42	100	27:40.8	27:51.6	8:59/M
13	Jason Kratzwald		1303	44	133	30:26.8	30:49.3	9:57/M
14	Charlie Archer		309	44	138	31:03.8	31:44.8	10:14/M
15	William Flinn		494	43	162	32:28.9	33:28.5	10:48/M
16	Jason Dailey		370	44	220	37:55.0	38:39.4	12:28/M
17	Russell Hall		1162	41	266	44:58.6	46:01.1	14:51/M

Female 45 to 49

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Danyel Lowell-Clark		1327	48	71	25:31.2	25:35.8	8:15/M
2	Melanie Thompson		974	45	83	26:18.1	26:28.8	8:33/M
3	Bridget Coady		354	49	105	27:54.3	28:18.6	9:08/M
4	J.r. Mues		967	45	149	31:57.1	32:28.1	10:28/M
5	Darci Branham		1010	45	152	32:04.3	32:33.5	10:30/M
6	Rebecca Birchfield		322	46	153	32:07.5	32:19.7	10:26/M
7	Tracy Ising		1239	47	185	34:46.1	35:23.3	11:25/M
8	Anne Fogle		543	49	198	35:40.7	36:18.9	11:43/M
9	Deana Keith		1290	49	208	37:01.8	37:21.5	12:03/M
10	Rebecca Koch		1301	45	235	40:36.4	41:38.3	13:26/M
11	Danielle Archer		310	49	236	40:38.1	41:19.8	13:20/M
12	Clarissa Miller		1349	49	242	41:14.7	42:22.6	13:40/M
13	Kristy Schmidt		1558	49	261	43:48.9	44:24.6	14:20/M
14	Krista Johnson		1267	46	263	44:29.9	45:42.2	14:45/M
15	Katrina Soils		1599	48	287	50:17.4	51:08.8	16:30/M
16	Kristen Hale		1159	46	304	53:58.1	54:56.6	17:43/M
17	Deanna Polsgrove		1459	45	314	1:01:35.3	1:02:34.3	20:11/M

Male 45 to 49

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Marc Hindorff		1206	49	15	20:09.7	20:11.8	6:31/M
2	Patrick Mickler		1345	48	26	21:11.8	21:16.4	6:52/M
3	Wayne Blunk		327	46	33	22:01.0	22:11.3	7:09/M
4	William Paine		1454	47	35	22:07.6	22:12.4	7:10/M
5	Brad Berthold	Brad Berthold Painting	318	45	45	23:11.6	23:19.7	7:32/M
6	Thomas Tatum		1635	45	53	23:43.4	23:56.9	7:44/M
7	Glenn Richardson		1519	47	55	23:54.6	24:17.1	7:50/M
8	Casey Bernard		317	48	59	24:05.4	24:17.1	7:50/M
9	Jeff Levak	Long Distance Project	1319	48	65	24:26.6	24:37.9	7:57/M
10	Scott Skinner	Atlas Challengers	1580	48	67	24:52.7	25:00.2	8:04/M
11	Tyler Morrison		1357	45	84	26:21.7	27:07.4	8:45/M
12	Joseph Kellum		1294	49	112	28:05.7	28:12.9	9:06/M
13	Mark Daffron		369	46	125	29:32.8	29:52.6	9:38/M

Male 45 to 49

									-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
14	Kevin Howard		1231	47	150	31:57.2	32:04.5	10:21/M		
15	Vincent Koch		1302	48	155	32:08.8	33:10.6	10:42/M		
16	Neil Baine		311	45	163	32:32.7	32:47.5	10:35/M		
17	Drew Rudd		1541	47	175	33:34.4	34:29.0	11:07/M		
18	Shane Wood		1692	48	181	34:14.5	34:56.7	11:16/M		
19	Travis Griffith		1122	49	212	37:30.5	38:16.2	12:21/M		
20	John Hanson		1181	48	255	42:45.0	43:29.5	14:02/M		
21	Prabakar Harikrishnan		1184	45	260	43:35.3	43:35.3	14:04/M		
22	David Criscola		362	45	276	47:26.9	48:08.6	15:32/M		
23	Harold Smith		1589	47	311	58:09.2	58:50.2	18:59/M		

Female 50 to 54

									-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	Gina Anderson		308	53	95	27:32.0	27:33.2	8:53/M		
2	Jennifer Acree		1006	50	97	27:36.1	27:52.8	9:00/M		
3	Julie Wilbur		1686	50	135	30:42.1	30:56.9	9:59/M		
4	Deana Kehne		1386	54	139	31:08.2	31:35.4	10:11/M		
5	Melanie Fenner		395	50	157	32:12.8	32:45.5	10:34/M		
6	Barbara Strahm Murray	Ben's Eager Runners	1618	53	159	32:16.2	32:24.7	10:27/M		
7	Pauline Moore		1355	54	172	33:14.4	33:58.7	10:58/M		
8	Jennifer Reynolds		1517	51	173	33:17.3	33:45.9	10:54/M		
9	Dana Boblitt		328	54	176	33:43.6	33:55.8	10:57/M		
10	Lisa Clunie		353	50	183	34:43.3	34:50.2	11:14/M		
11	Donna Habig-Sachleben		1142	53	200	35:47.9	36:03.3	11:38/M		
12	Karen O'Connell		1427	50	204	36:06.0	36:29.1	11:46/M		
13	Stefanie Griffith		1121	51	211	37:30.1	38:16.7	12:21/M		
14	Christi Budd		339	53	239	41:00.5	41:32.5	13:24/M		
15	Amy Lee		1314	50	244	41:27.3	42:16.5	13:38/M		
16	Lisa Kincaid		1298	50	251	42:27.2	42:54.0	13:50/M		
17	Tammy Neal		1361	53	258	43:06.7	44:06.5	14:14/M		
18	Cynthia Vincent		1674	52	259	43:13.7	44:16.3	14:17/M		
19	Karen Marie Lindley		1321	51	281	48:49.7	49:35.7	16:00/M		
20	Tamara Tindall		1660	50	288	50:25.6	50:53.7	16:25/M		
21	Cate Brancato		333	53	289	50:26.7	50:54.1	16:25/M		
22	Kim Roberts		1528	53	292	50:45.9	51:45.9	16:42/M		
23	Trish Ferguson		397	54	303	53:48.5	54:45.0	17:40/M		
24	Rajina Whitehead		1681	51	310	57:53.1	58:48.9	18:58/M		

Male 50 to 54

									-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	Mike Campbell	Ben's Eager Runners	345	51	47	23:19.5	23:24.7	7:33/M		
2	Eric Martin		1335	52	52	23:40.3	23:52.8	7:42/M		
3	Michael Brown		337	51	61	24:07.6	24:10.7	7:48/M		
4	Richard Dean		374	51	64	24:23.9	24:29.0	7:54/M		
5	Jason Powell		1471	53	66	24:49.6	24:52.4	8:01/M		
6	Tony Young		1699	51	86	26:23.0	26:42.5	8:37/M		
7	Lutz Haberzettl		1130	54	96	27:35.8	27:44.1	8:57/M		
8	Terry McCurry	Long Distance Project	1341	54	102	27:45.5	27:57.0	9:01/M		
9	Michael Lindley		1322	53	103	27:53.9	28:40.1	9:15/M		
10	Patrick Fawcett		394	51	115	28:25.3	28:39.4	9:15/M		
11	Douglas Hammack		1167	52	122	29:15.4	29:22.2	9:28/M		
12	Gary Powell		1592	54	123	29:21.3	29:37.3	9:33/M		
13	Michael Todd Bernard		762	53	127	29:50.7	29:58.5	9:40/M		
14	Doug Lane		1307	53	156	32:09.4	33:00.1	10:39/M		
15	Joseph Budd		340	54	158	32:14.7	32:46.8	10:34/M		
16	Charles Miller		1348	50	161	32:27.2	33:35.0	10:50/M		
17	John Dienno		376	53	171	33:06.9	33:55.0	10:56/M		
18	Patrick Crawford		359	50	196	35:30.6	36:19.7	11:43/M		
19	Christian Kessinger		1295	51	219	37:48.7	38:30.8	12:25/M		
20	Jose Maldonado		1331	54	271	46:16.4	46:44.4	15:05/M		
21	Phillip Hackney		1144	52	283	49:11.7	50:03.1	16:09/M		
22	Ronald Whitehead		1682	50	309	57:53.1	58:48.5	18:58/M		

Female 55 to 59

									-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	Emily Nolan	Pink Panthers	1408	57	116	28:48.2	29:05.3	9:23/M		
2	Jeanette Hayes		1192	59	124	29:27.6	29:45.8	9:36/M		
3	Suzanne Dodson	Pink Panthers	379	59	131	30:20.5	30:37.9	9:53/M		
4	Shawn McCorkle		1340	55	145	31:38.1	31:44.4	10:14/M		
5	Marianne Hopewell		1221	58	146	31:44.4	31:57.7	10:19/M		
6	Babs Johnson	Pink Panthers	1261	57	160	32:18.6	32:37.3	10:31/M		
7	Mary Jones	Atlas Challengers	1268	58	165	32:48.1	32:55.7	10:37/M		
8	Cheryl Smalley		1582	56	178	33:48.2	34:12.4	11:02/M		
9	Laura Schenck		1551	55	225	38:16.8	38:40.8	12:29/M		
10	Eva Cadavid		343	55	232	39:51.6	40:40.1	13:07/M		
11	Patty Lehmenkuler		1317	56	246	41:55.8	42:17.2	13:38/M		
12	Cheryl Striegel		1619	56	247	41:56.4	42:17.4	13:39/M		
13	Kimberly Haddox		1145	55	249	42:09.3	43:01.5	13:53/M		
14	Pauletta Stewart		1614	56	252	42:34.8	43:11.5	13:56/M		
15	Cheri Moore		1354	58	264	44:37.7	45:27.7	14:40/M		
16	Lora Haynes		1196	56	278	48:38.9	49:43.8	16:03/M		
17	Mary Radke		1476	56	280	48:45.8	49:21.0	15:55/M		
18	Allyson Willis		1689	58	295	51:01.8	51:52.6	16:44/M		

Male 55 to 59

									-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	Tim Adams		1031	59	20	20:39.1	20:43.5	6:41/M		
2	Lowery Stallings		1606	58	22	20:52.4	20:54.8	6:45/M		
3	Mike Blackwell		326	57	27	21:25.9	21:35.1	6:58/M		
4	Mike Ford		560	57	37	22:29.8	22:33.4	7:17/M		
5	Craig Burnett		341	58	51	23:29.3	23:32.2	7:36/M		
6	Sean Travelstead		1668	55	72	25:39.1	25:42.3	8:18/M		
7	Chris Breetz		1012	55	85	26:23.0	26:36.3	8:35/M		
8	Luis R. Ramirez		1482	59	98	27:37.3	27:47.6	8:58/M		
9	David Keely	Galloping Geezers	1288	57	109	28:03.6	28:13.0	9:06/M		
10	Bruce Paverd		1457	59	110	28:04.5	28:10.5	9:05/M		
11	David Powell		1469	58	113	28:10.1	28:19.3	9:08/M		
12	Keith Owen		1446	56	117	28:48.6	29:02.7	9:22/M		
13	Dan Thompson		973	57	118	28:52.0	29:02.5	9:22/M		
14	Paul Linton		1323	56	151	31:59.4	32:40.1	10:32/M		
15	Jack Walker		1675	55	170	33:00.7	33:38.1	10:51/M		
16	Phillip Bagshaw		978	58	257	43:04.9	43:22.1	13:59/M		
17	James Millstead		1352	55	284	49:33.2	50:03.4	16:09/M		

Female 60 to 64

									-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	Maureen Farley		389	62	104	27:53.9	28:00.5	9:02/M		
2	Suzie Newberry		1398	62	187	34:49.5	35:19.1	11:24/M		
3	Rebecca Bryant		338	63	199	35:41.4	36:19.2	11:43/M		
4	Cheryl Hill		1201	62	241	41:08.3	41:59.9	13:33/M		
5	Gina Kuzuoka	Ritas Turtles	1306	64	245	41:49.8	42:15.4	13:38/M		
6	Peggy Henderson		1197	64	267	45:09.4	45:33.5	14:42/M		
7	Mary Jackson	Ritas Turtles	1242	60	270	45:34.6	46:00.9	14:51/M		
8	Portia Odette		1435	61	290	50:44.8	51:37.1	16:39/M		
9	Joanne Kiefer		998	62	302	53:47.9	54:44.0	17:39/M		
10	Vicki Marchand		1333	62	312	59:21.9	1:00:12.0	19:25/M		

Male 60 to 64

									-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	Larry Hoover		1220	64	28	21:37.1	21:39.8	6:59/M		
2	Keith Allen		1037	64	34	22:03.1	22:06.3	7:08/M		
3	Dennis Branson		334	63	50	23:28.0	23:35.5	7:37/M		
4	John Zeydel		15	62	69	24:56.8	25:16.1	8:09/M		
5	Imad Makdah	Atlas Challengers	1330	62	99	27:39.9	27:48.4	8:58/M		
6	Donald Westfall		1680	63	182	34:27.2	34:34.7	11:09/M		
7	James Harris		1188	60	243	41:26.1	42:16.2	13:38/M		

Race Date  
January 13, 2024

# Frostbite 5k 2024

## Age Group Results

5K

### Male 60 to 64

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
8	Arthur Curry	Cool Kentucky Yetis	366	61	299	52:51.0	53:18.0	17:12/M

### Female 65 to 69

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Denise Amos		305	68	167	32:52.7	33:12.0	10:43/M
2	Rhonda Mills		1351	66	168	32:55.1	33:17.1	10:44/M
3	Sandy Hatfield		1191	68	179	34:01.8	34:30.6	11:08/M
4	Joni Wright	Ritas Turtles	1694	65	222	38:08.9	38:33.4	12:26/M
5	Natalie Davis	Ritas Turtles	372	66	223	38:09.6	38:35.0	12:27/M
6	Susan Schneider		1470	68	248	41:57.9	42:10.3	13:36/M
7	Kathleen Schmidt		1552	65	254	42:42.9	43:16.6	13:58/M
8	Susane Schneider		1568	67	265	44:44.4	45:18.6	14:37/M
9	Lorna Hahn		1153	66	268	45:21.1	45:52.5	14:48/M
10	Sandra Stein		1610	65	291	50:45.0	51:37.4	16:39/M
11	Karen Spinks		1604	65	313	59:23.2	1:00:12.8	19:25/M

### Male 65 to 69

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	David Sedlak	Galloping Geezers	1573	66	68	24:56.7	25:02.9	8:05/M
2	Randy Garrett		722	69	74	25:43.3	25:53.6	8:21/M
3	David Dawson		373	65	76	25:49.6	25:55.1	8:22/M
4	Mark Voss		1117	67	134	30:27.2	30:55.1	9:58/M
5	Richard Ballard		313	68	186	34:47.9	35:06.0	11:19/M
6	Keith Proffet		1473	67	209	37:02.9	37:56.0	12:14/M
7	Mike Amos		306	68	307	56:22.3	56:55.1	18:22/M

### Female 70 to 74

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Marie Ruf		1542	71	253	42:40.1	43:26.2	14:01/M
2	Anne Laun		1308	70	305	55:00.7	55:35.5	17:56/M

### Male 70-74

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Ben King	Galloping Geezers	1299	71	107	27:58.9	28:04.9	9:04/M
2	John Reesor	Galloping Geezers	1508	73	126	29:49.4	29:58.7	9:40/M
3	Stan Henderson		1198	74	136	30:54.6	31:17.9	10:06/M
4	John Laun		1309	73	250	42:10.5	42:44.8	13:47/M

### Female 75 to 79

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Judy Young		1698	78	298	52:44.7	53:31.8	17:16/M

### Male 75 to 79

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Richard Goranflo	Galloping Geezers	1103	76	119	28:53.9	29:04.2	9:23/M
2	Michael Parks		1455	78	128	29:50.8	30:01.6	9:41/M



Race Date  
January 13, 2024

Frostbite 5k 2024  
Age Group Results

**5K**

Male 80 and Over

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Howard Whitman		1683	81	277	48:15.2	48:34.2	15:40/M